

**Cardiff MRCS OSCE Course:  
22<sup>nd</sup> Surgical Anatomy &  
Surgical Pathology**

**Feedback - January 2015**

Affiliated to:



## Cardiff MRCS OSCE: Surgical Anatomy & Surgical Pathology

Taught by clinical anatomists & consultant surgeons, this intensive two-day revision course was intended to help surgical trainees prepare for the final (OSCE) part of the MRCS exam. The sessions predominantly delivered by small group demonstrations and tutorials using anatomical prosections, relevant pathology, osteology and surface anatomy

This course takes the changes introduced in February 2013 into consideration, and was structured to: consolidate the candidate's core and applied surgical knowledge in anatomy; provide a focused revision of pertinent exam topics in this area, and; aid the candidate's aptitude to answer OSCE stations/viva questions in a systematic yet concise manner.

Interactive lectures in surgical pathology were used in combination with demonstrations on surface anatomy models. The OSCE and mock vivas, are in addition to surgical anatomy (prosections, osteology and the surface anatomy), surgical pathology, critical care and applied physiology, with relevant aspects of radiology also covered. The feedback received from this course was resoundingly positive as usual, with a detailed breakdown provided in this document.

### Course Information

Course date:	16th - 17th January 2015
Venue:	Department of Anatomy Cardiff University Cardiff, UK
Attendance:	42 Delegates
Aimed at:	Delegates looking to take their membership to the Royal College of Surgeons Part B exam.
Course fee:	£385.00

### Teaching format used:

- Demonstrations using anatomical prosections & cross-sections.
- Small group tutorials in osteology, topographic & surface anatomy.
- Interactive lecture in surgical pathology.
- Surface anatomy demonstration on live volunteer.
- Twenty mock OSCE stations.



Surgical trainees can apply to be sponsored by ASiT to receive a bursary to attend this course.



## Course Programme - Day One

<b>0810 - 0820</b>	Registration
<b>0825 - 0905</b>	Introduction to format of the course & Overview of anatomy relevant to the MRCS OSCE exam
<b>0905 - 0915</b>	Aprons & Formation of groups
<b>0915 - 1250</b>	<p>Delegates are divided into groups &amp; rotated through six stations (30 minutes each) in the dissection room, with a comfort break in between.</p> <ul style="list-style-type: none"><li>- Station 1: Osteology of base of skull</li><li>- Station 2: Hollow viscera; Small &amp; Large Bowel</li><li>- Station 3: Pelvic bone, Hip joint, Gluteal region &amp; Thigh</li></ul>

**1100 - 1120**

### Break for Refreshments

- Station 4: Scapula, Clavicle, Humerus, Brachial plexus & Shoulder
- Station 5: Anterior abdominal wall, Abdominal incisions, Inguinal region & External genitalia
- Station 6: Osteology of vertebrae & Back

**1250 - 1340**

### Lunch

<b>1340 -1700</b>	<p>Delegates are divided into groups &amp; rotated through six stations (30 minutes each) in the dissection room, with a comfort break in between.</p> <ul style="list-style-type: none"><li>- Station 1: Mandible, TMJ, Facial Skeleton, Orbit</li><li>- Station 2: Vascular anatomy</li><li>- Station 3: Knee, Knee joint, Ankle, Ankle joint &amp; Foot</li></ul>
-------------------	--

**1510 -1530**

### Break for Refreshments

- Station 4: Forearm & Hand
- Station 5: Thoracic skeleton, mediastinum (except Heart & Lung) & Upper GI surgery
- Station 6: Spinal cord, Vertebrae & Neuroanatomy

<b>1715 - 1845</b>	Consolidation & Surgical Pathology
--------------------	------------------------------------

<b>1845 - 1900</b>	Summary, Feedback & End of Course
--------------------	-----------------------------------

## Course Programme - Day Two

**0745 - 0850** Surface Anatomy for MRCS

**0900 - 1250** Delegates are divided into groups & rotated through seven stations (30 minutes each) in the dissection room, with a comfort break in between.

- Station 1: Soft Tissue of face & Neck
- Station 2: Pelvis & Perineum
- Station 3a: Upper limb
- Station 3b: Lower limb

**1040 - 1100**

**Break for Refreshments**

- Station 4: Abdomen
- Station 5: Heart & Lung
- Station 6: Solid Organs (Liver, Gall bladder, Pancreas, Spleen)

**1250 - 1330**

**Lunch**

**1330 - 1800** Mock Test & Viva / OSCE in the dissection room, with a break in-between.

OSCE Stations:

- Head & Neck
- Spine
- Thorax
- Upper Limb
- Abdomen
- Pelvis

**1545 -1600**

**Break for Refreshments**

- Lower Limb
- Surface Anatomy
- Osteology
- Surgical Pathology
- Critical Care
- Applied Physiology
- Radiology

**1800 - 1815**

Summary & General Feedback

## Faculty List

**Mr Frederick Arce-Vargas, MD PhD MRCS**

University College of London

**Mr Mohammed Elmajee, MRCS**

Orthopaedic Surgeon

Royal Salford Hospital

**Captain Simon Tallowin, MSc MRCSEd**

General Duties Medical Officer, Royal Army Medical Corps

**Ms Shruti Raut, MRCS, CT2**

Peterborough City Hospital

**Ms Tiffany Berrington MRCS**

Neurosurgery ST2

Derriford Hospital

**Mr Vishal Kumar**

Trauma and Orthopaedics

Glan Clwyd Hospital

**Mr Aidil Syed, MRCS (Ed)**

Cardiothoracic Registrar

University Hospital of Wales

**Sivashankaren Munuswamy**

Trainee

**Mr Waheeb Al-Azzani MRCSEd**

CT1, University Hospital of Wales

**Roop Tandon**

**Mr Kevin Conway, MB BCH, MRCSEd, AFRCS (I), FRCS (Gen Surg), MD**

Consultant General/Vascular Surgeon

Royal Glamorgan Hospital, Llantrisant

## Faculty List

**Mr Tom Combellack MBBCh MEng**

Cardiothoracic Surgery ST2  
University Hospital of Wales

**Mr Hussam Adwan, MBBS, FRCS (Ire), MRCS (Eng), MSc(UCL), PgCrtClinEd(NCU), FHEA**

University Hospital of Wales

**Mr Rhys Morris, MBBS BSc MSc MRCS**

Clinical Lecturer in Trauma Surgery  
Swansea University/ Morriston Hospital

**Mr Mike Rees, MB BCh, MRCS**

Speciality Trainee in Surgery  
Royal Gwent Hospital, Newport

**Ms Zaynab Jawad, MS (Cantab), MB BS, MRCS**

SpR in General Surgery  
All Wales Higher Surgical Training Programme

**Ms Ana Lopez-Marco**

SpR Cardiothoracic Surgery  
Wales Deanery

**Mr David Chan MRCS**

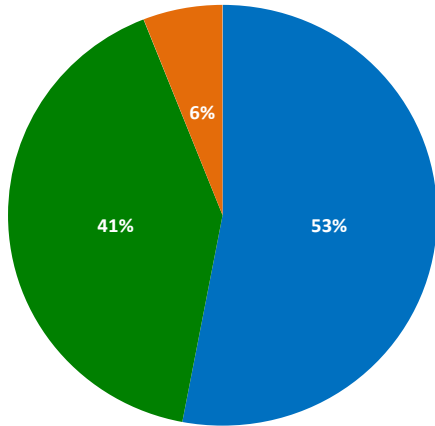
ST5 General Surgery  
Nevil Hall Hospital

**Mr Jason Seewoodhary MRCP (London)**

Specialist Registrar Internal Medicine  
Wales Deanery

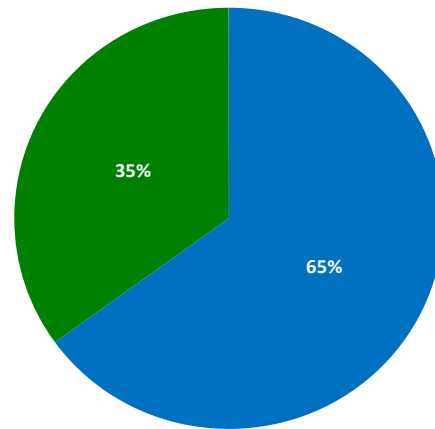
## Overall Course Feedback to the Questions:

How useful was the introductory Anatomy Recall session on Friday morning?



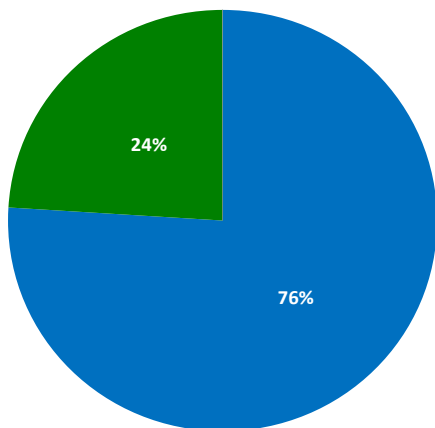
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How useful was the surgical Pathology session?



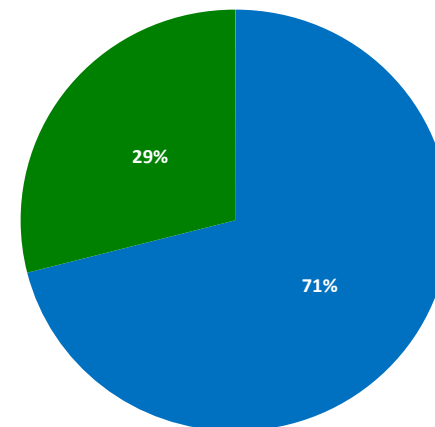
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How useful was the general pathology?



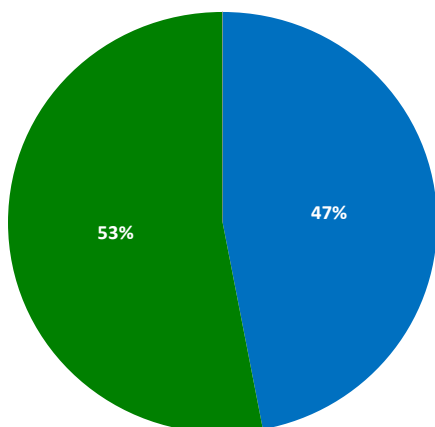
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How was the teaching using prosections & anatomical material?



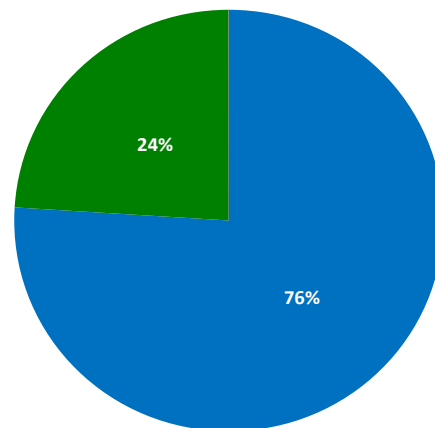
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How was the clarity of the demonstrations?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

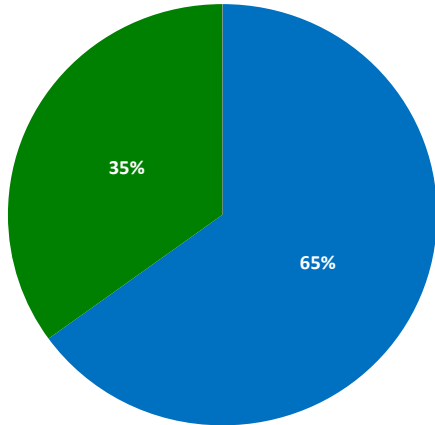
How would you rate the general academic standard of the demonstrations?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

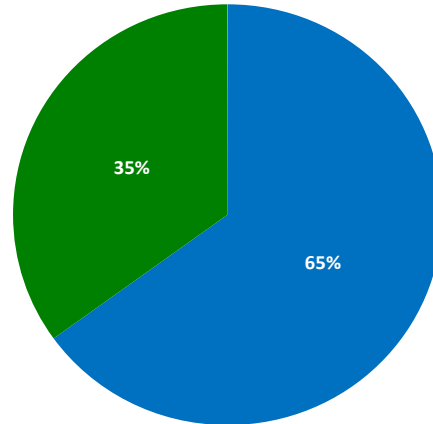
## Overall Course Feedback to the Questions:

How do you rate the relevance of the course to your exam?



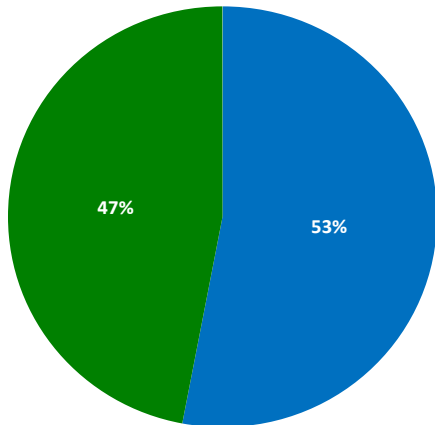
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Do you feel that the course provided you with a self-assessment of your strengths & weaknesses, and areas to address?



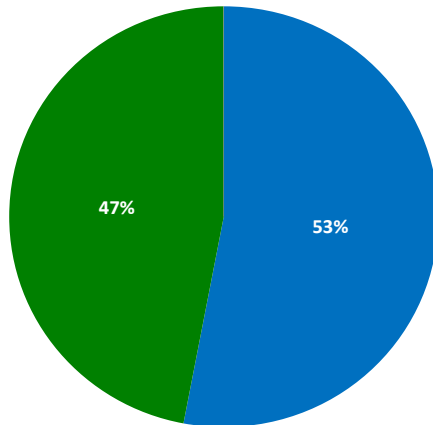
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How useful was the mock OSCE examination in the dissection room?



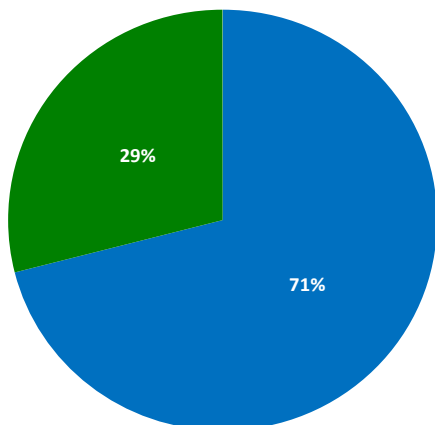
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How useful was the mock OSCE in the lecture theatre (written part)?



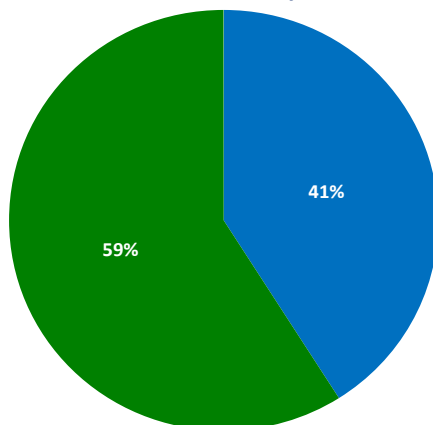
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Would you recommend this course to a friend?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

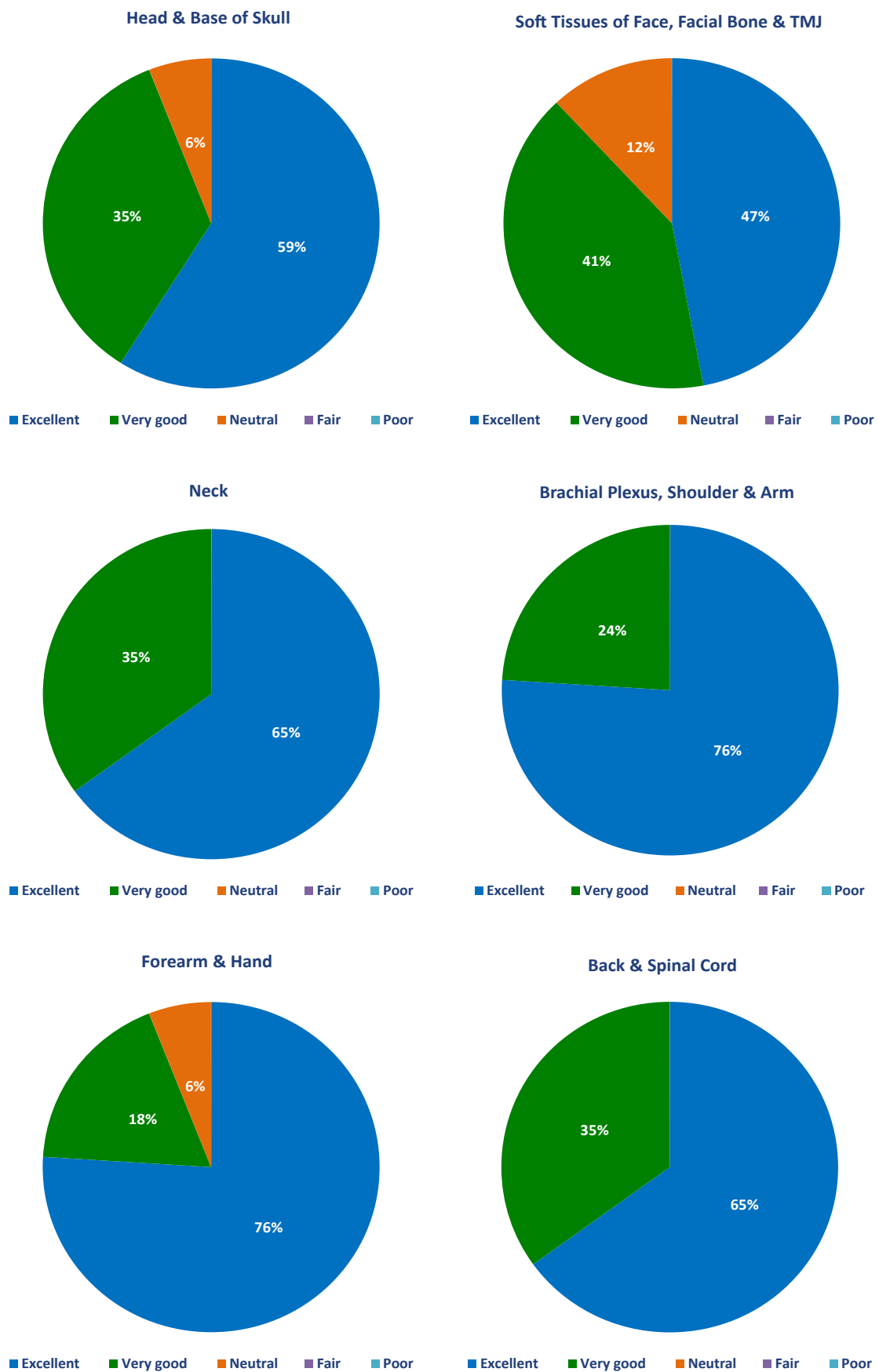
Do you think this course provided good value for money?



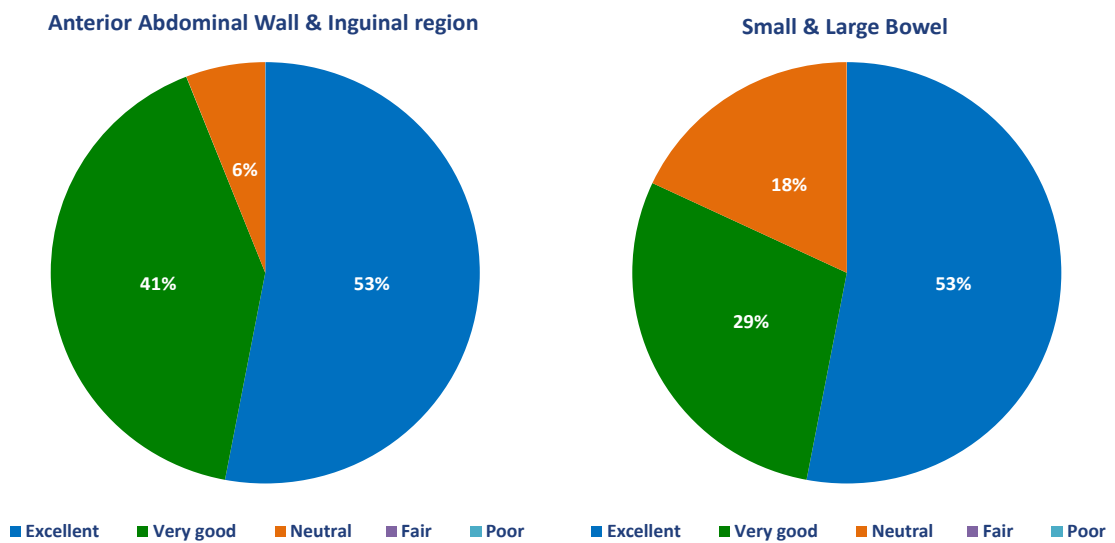
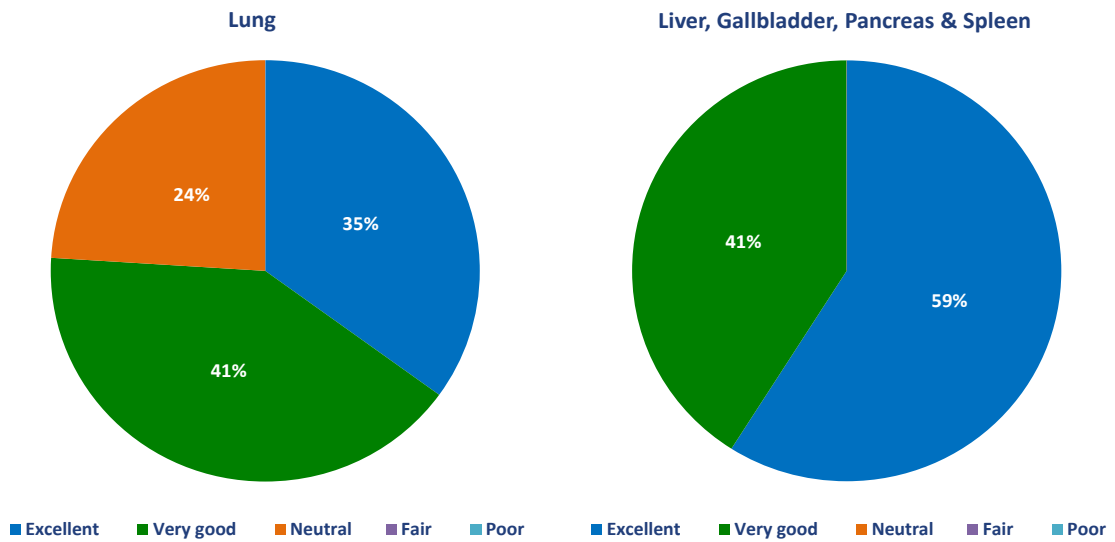
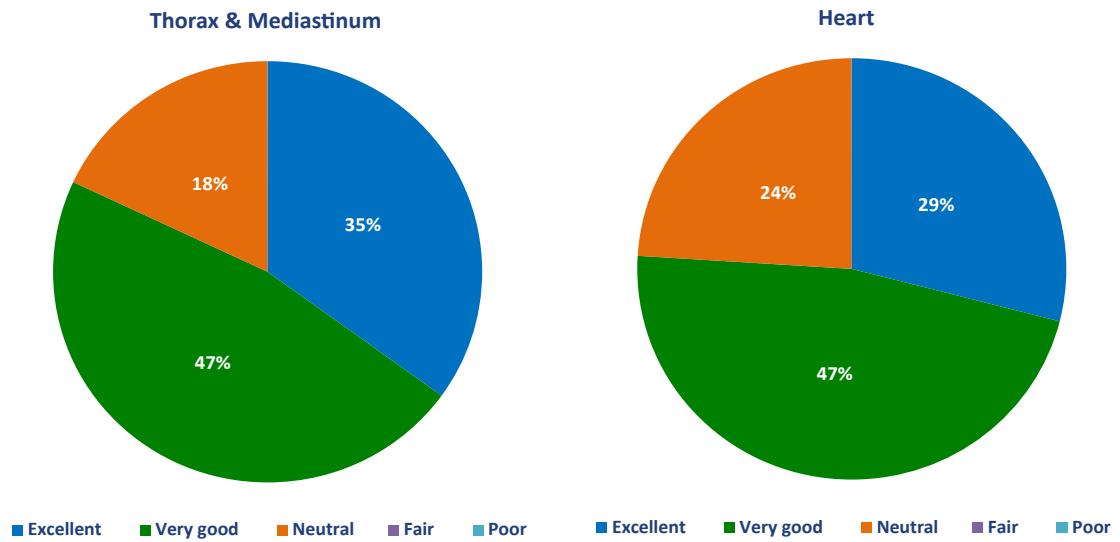
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor



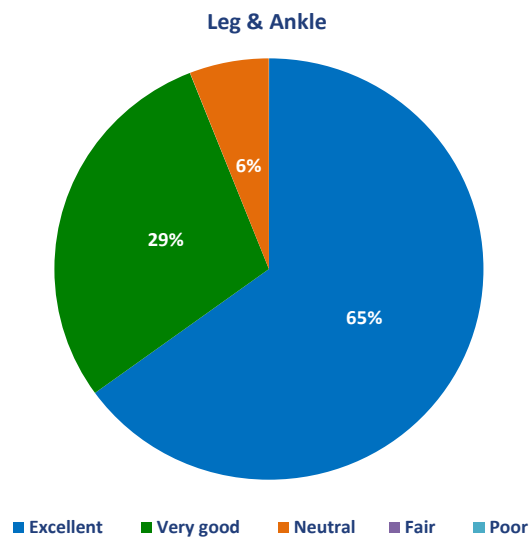
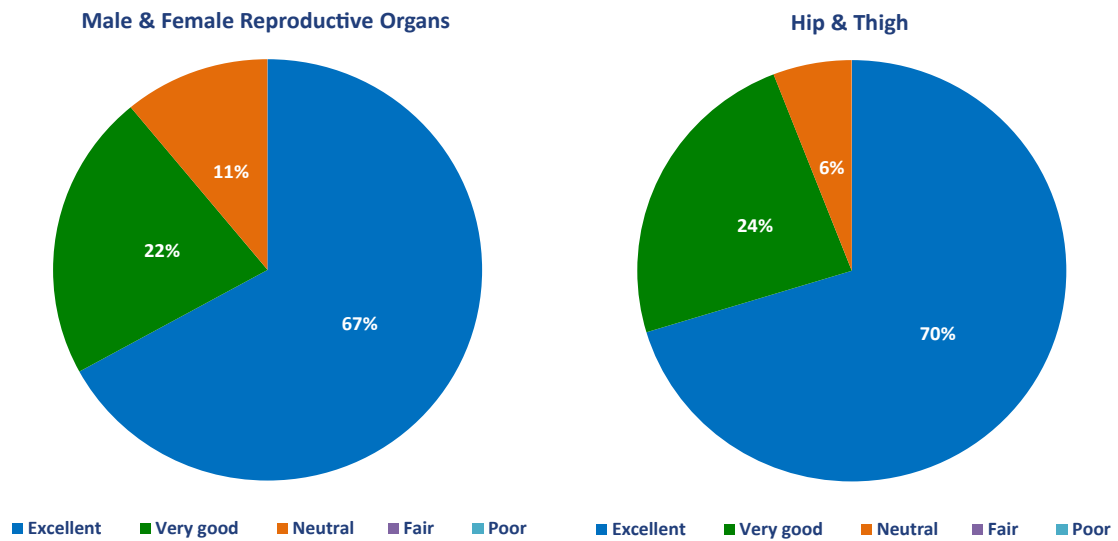
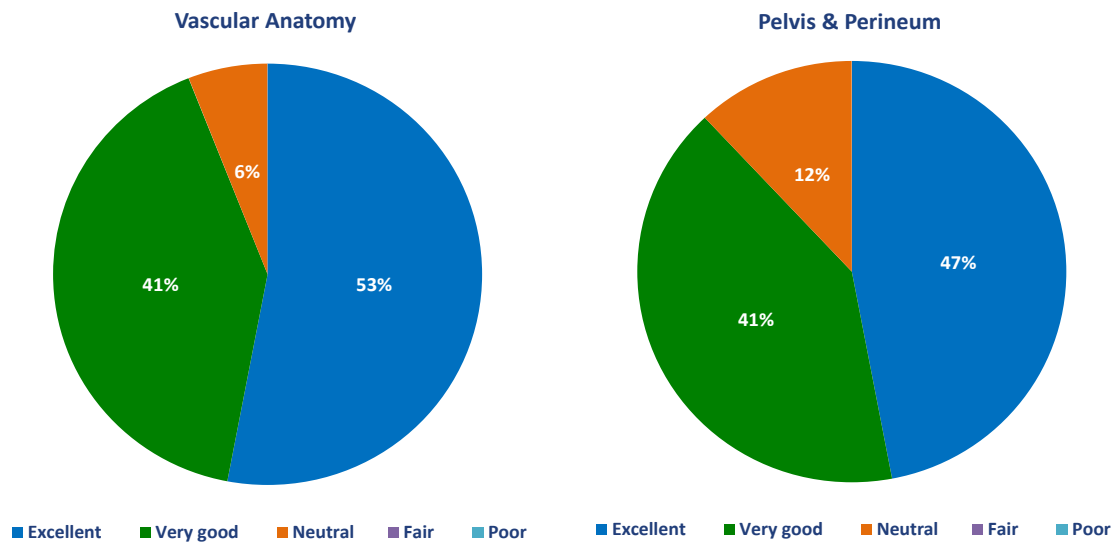
## Overall Teaching Feedback for the Area of:



## Overall Teaching Feedback for the Area of:



## Overall Teaching Feedback for the Area of:



## Individual Comments

Faultless.

**Dr John Mason**  
**John Radcliffe Hospital, Oxford, UK**

Very good course, well run and structured. Invaluable use of prosecution specimens, not only for MRCS but also of great clinical value.

**Mr Peter Deutsch**  
**Russells Hall Hospital, Dudley, UK**

Well organised, enthusiastic and kind teaching staff. I feel much more confident about sitting the exam now.

**Ms Amy Coates**  
**Epsom General Hospital, Epsom, UK**

Very relevant towards exam, well taught. Focused and concise.

**Ms Sieu Ming Ng**  
**University Hospital of Wales, Cardiff, UK**

Excellent course. Group size was good. On the majority excellent tutors.

**Mr James Kennedy**  
**Wythenshawe Hospital, Manchester, UK**

Good knowledge from the presenters. Certain areas may be improved by adding in top tips on remembering and most likely questions.

**Dr Greg McConaghie**  
**Kettering General Hospital, Kettering, UK**

Anatomy parts were excellent. It would have been useful to cover pathology in the morning rather than leaving it till the end of the day.

**Dr Anuja Mitra**  
**Chelsea and Westminster Hospital, London, UK**

It was a nice and useful experience.

**Dr M Alabdullah**  
**Nottingham City Hospital, Nottingham, UK**

Excellent.

**Dr Yan Mei Goh**  
**Royal Blackburn Hospital, Blackburn, UK**

Very good.

**Dr Tetyana Myronenko**  
**Withybush General Hospital, Haverfordwest, UK**





# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is an UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016*
- **International Academic and Research Conference**  
*Manchester, 6<sup>th</sup> August 2016*
- **World University Anatomy Challenge**  
*Manchester, 5<sup>th</sup> August 2016*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



Peer-reviewed academic journal  
with ISSN.

- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)