

# Cardiff MRCS OSCE Course: Clinical and Procedural Skills

**19<sup>th</sup> September 2018**  
School of Biosciences, Cardiff University

## COURSE PROGRAMME

0845 - 0900	Registration
0900 - 0910	Introduction to the Course and Structure of the Exam
0910 - 0930	Theatre Safety Principles, Gowning and Glowing
0935 - 1000	Handling Instruments, Suturing techniques (simple and advanced) and haemostatic stitch
1000 - 1010	Surgical Excision of a Naevus
1010 - 1025	Debridement of a contaminated wound
1025 - 1035	Fine Needle Aspiration Cytology
<b>1040 - 1100</b>	<b>Break for Refreshments</b>
1100 - 1330	Group Rotations to include the following stations: Chest Drain Insertion, Male Urinary catheterisation, Venepuncture of High risk patient, Knot Tying, Suturing, Epidural Anaesthesia, Lumbar Puncture, and Arterial Blood Gas Cannulation and Interpretation of ABG results
<b>1330 - 1410</b>	<b>Lunch</b>
1415 - 1645	Groups 1 and 2 (Revision, Practice and Mock OSCE; Lectures - Wound Healing, Reconstruction, Local Anaesthesia, Sutures, Tourniquet and Diathermy)
<b>1645 - 1705</b>	<b>Break for Refreshments</b>
1705 - 1815	Lectures and Discussion (Pre-operative Assessment, Post-operative Management, Antibiotics, Theatre List Prioritisation, Transfer Documentation)
1815 - 1820	Feedback and closure