



**Cardiff MRCS OSCE Course:
Clinical and Procedural Skills**

Feedback - September 2020

Cardiff MRCS OSCE Course: Clinical and Procedural Skills

In the Intercollegiate MRCS OSCE Exam, the 'Clinical and Procedural Skills' component, making up about 15-20% of the total marks, will test the candidate's capacity to apply sound basic science/clinical knowledge in a practical context. The candidate's ability to perform practical tasks related to surgery that require manual dexterity, hand-eye coordination and visual/spatial awareness will be assessed. In addition, it will also test aspects such as capacity, consent, theatre safety, WHO checklist and principles of safe surgery.

This intensive hands-on practical skills course took the candidate through all the procedures that have been examined in recent years, allowing practice in realistic exam conditions and providing structured feedback for further development. Candidates were provided with their scores and had the opportunity to discuss specific practical aspects with the examiners and recent successful candidates.



Course Information

Course Date:	9th September 2020
Venue:	College of Physicians and Surgeons of Cardiff, Frazer Building, Cardiff
Attendance:	33 Delegates
Aimed at:	Delegates looking to take their membership to the Royal College of Surgeons Part B exam.
Course Fee:	£185.00

Highlights:

- Practical course with a high tutor-to-participant ratio.
- Hands-on sessions with scenarios simulating the real exam, as well as individual feedback and scores.

Topics Included:

- Surgical scrubbing.
- Safe use of local anaesthesia.
- Suturing techniques.
- Knot tying at depth.
- Surgical excision of a cutaneous lesion.
- Urinary catheterisation.
- Consent and capacity.
- Cannulation and venepuncture of high-risk patients.
- Epidural technique.
- Lumbar puncture.
- Organising a theatre list.
- Appropriate radiology requesting.
- Discharge letter.
- Transfer documentation.
- Performing an FNA.
- Insertion of a chest drain.

Course Programme

0830 - 0845	Registration
0845 - 0855	Introduction to the Course and Structure of the Exam
0855 - 0915	Theatre Safety Principles, Gowning and Gloving
0915 - 0945	Handling Instruments, Suturing Techniques (simple and advanced), and Haemostatic Stitch

0945 - 1000 Break for Refreshments

1000 - 1220	Group Rotations (to include the following stations: Chest Drain Insertion; Male Urinary Catheterisation; Venepuncture of High Risk Patient; Cannulation; FNA; Knot Tying; Suturing; Excision of a Lesion; Wound Debridement; Interpretation of ABG Results)
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1220 - 1255 Lunch

1255 - 1645	Group Rotations (to include the following stations: Chest Drain Insertion; Male Urinary Catheterisation; Venepuncture of High Risk Patient; Cannulation; FNA; Knot Tying; Suturing; Excision of a Lesion; Wound Debridement; Interpretation of ABG Results)
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1645 - 1700 Break for Refreshments

1700 - 1915	OSCE Discussion (Pre-Operative Assessment; Post-Operative Management; Antibiotics; Theatre List Prioritisation; Wound Healing and Reconstruction; Local Anaesthesia; Tourniquet; Diathermy; CSF Physiology; Lumbar Puncture)
1915	Feedback and Close

Faculty

Mr Chris Chalklin, MBBCh, MRCS

Speciality Registrar in General and Vascular Surgery
University Hospital of Wales, Cardiff

Mr Joseph Merola, MRCS (Eng)

Clinical Fellow in Neurosurgery
University Hospital of Wales, Cardiff

Mr Naveen Mathai, MBBS, MS, DNB, MRCS (Eng), FRCS (JSCFE)

Speciality Registrar and Senior Clinical Fellow
University Hospital of Wales, Cardiff

Mr Ronak Ved, MBBCh, BSc, MRCS

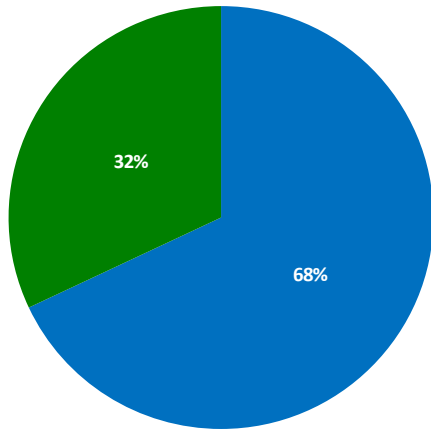
Registrar in Neurosurgery
University Hospital of Wales, Cardiff

Miss Zoe James, MBBCh, MRCS

Speciality Registrar in Neurosurgery
University Hospital of Wales, Cardiff

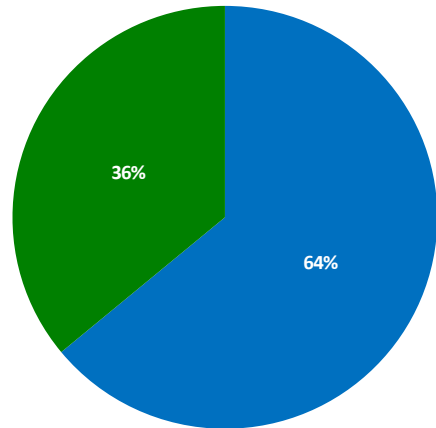
Overall Feedback

How was the clarity of the demonstrations?



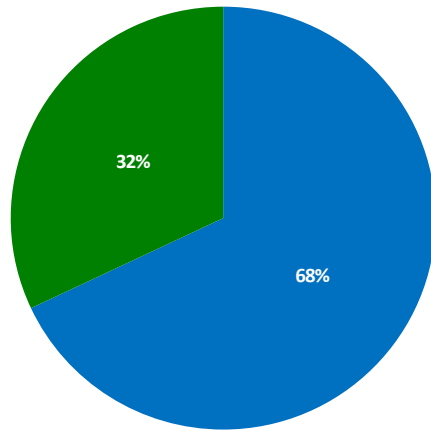
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the demonstrators?



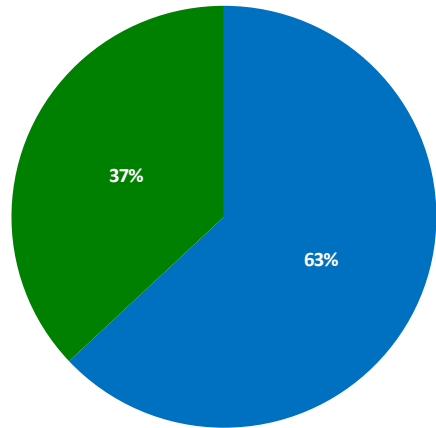
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your exam?



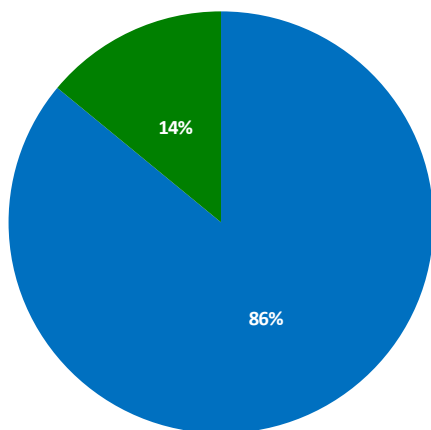
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Did you get sufficient chance to practice the stations?



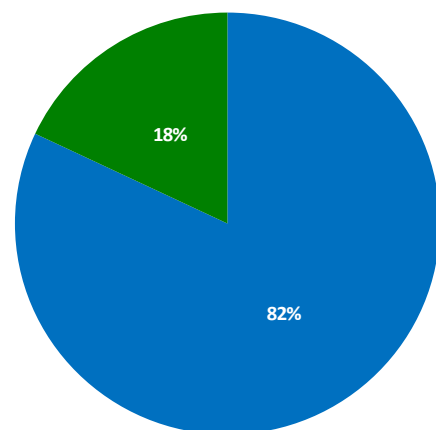
■ Yes, always ■ Yes, mostly ■ Neutral ■ Not much ■ Not at all

Suturing Techniques



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

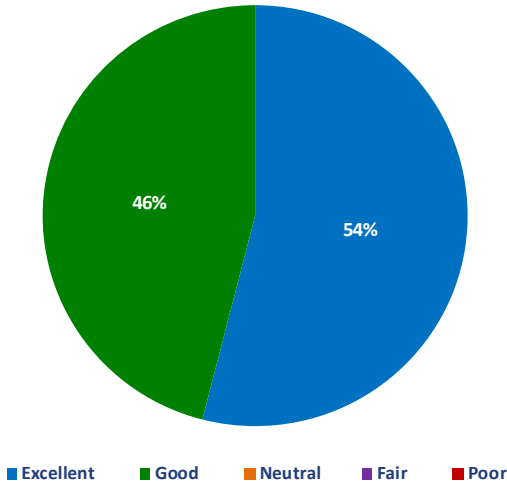
Excision of a Lesion



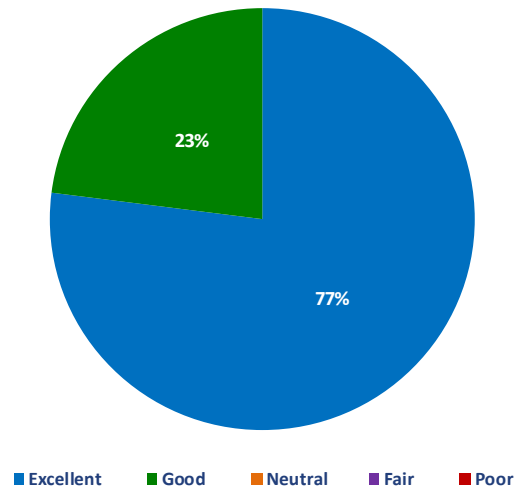
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Overall Feedback

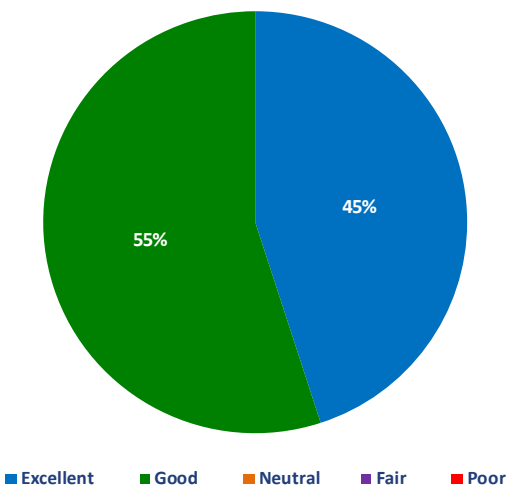
Chest Drain Insertion and Thoracic Trauma (discussion)



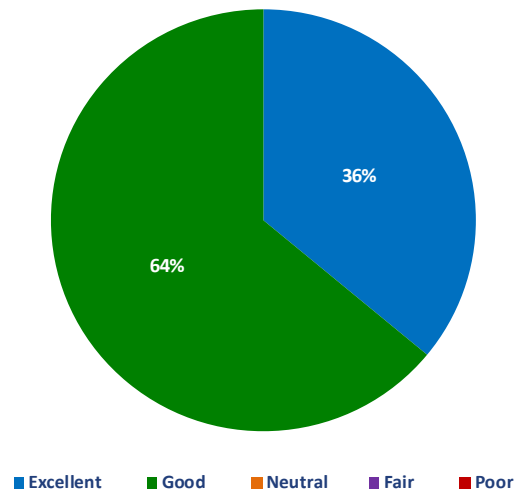
Knot-Tying



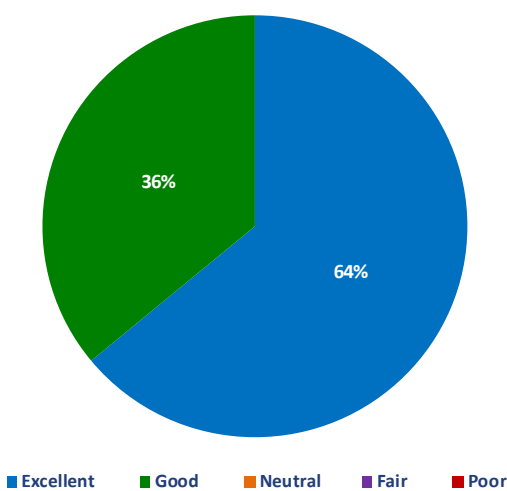
Debridement of a Contaminated Wound



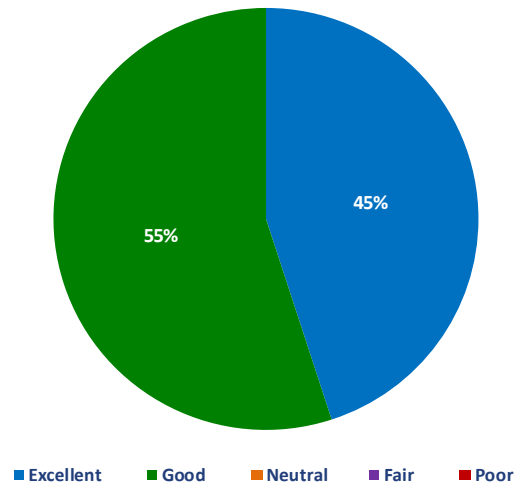
Fine Needle Aspiration Cytology



Lumbar Puncture (discussion)

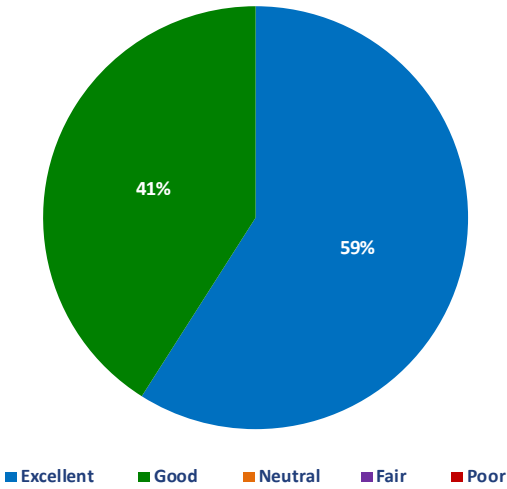


Venepuncture of High Risk Patient

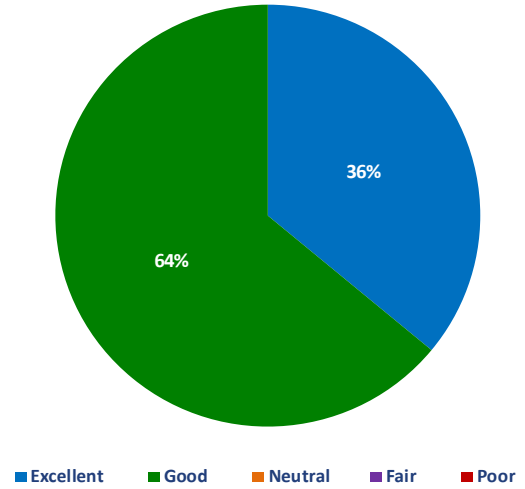


Overall Feedback

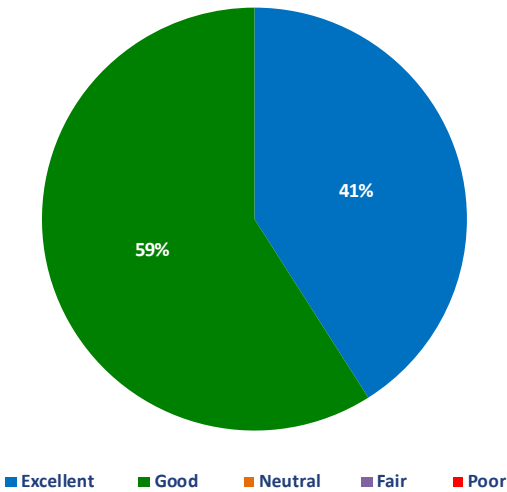
Arterial Blood Gas Interpretation



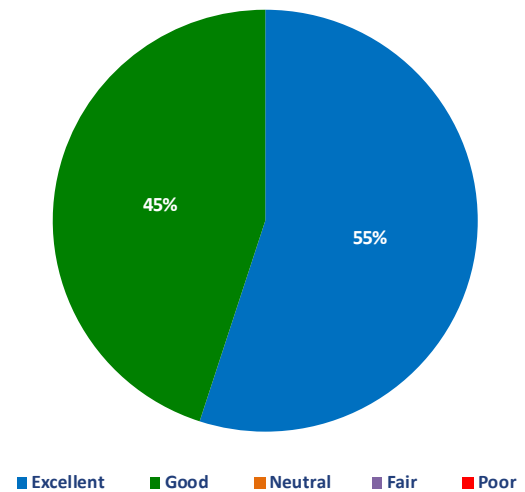
Male Urinary Catheterisation



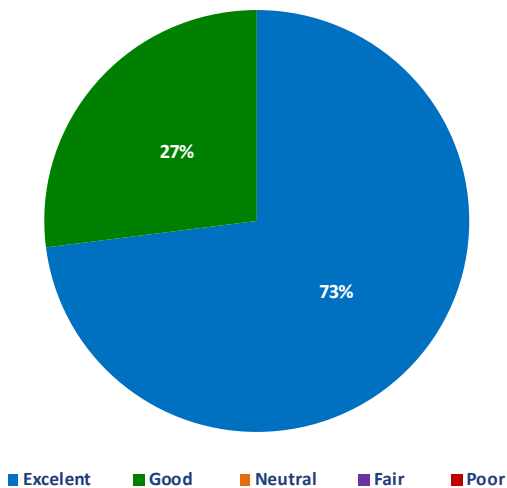
Pelvic Trauma (discussion)



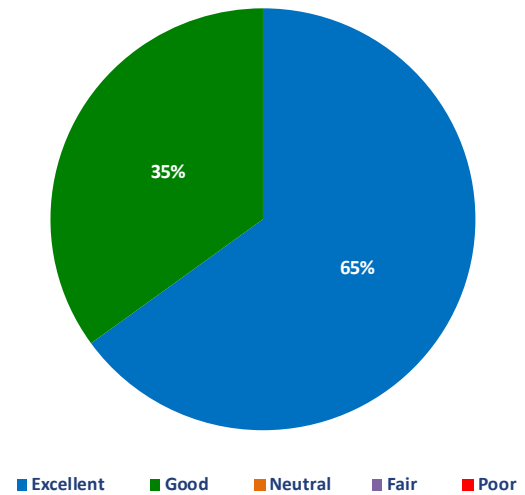
Sutures and Needles (lecture/basics)



Wound Healing and Reconstructive Surgery (lecture/basics)

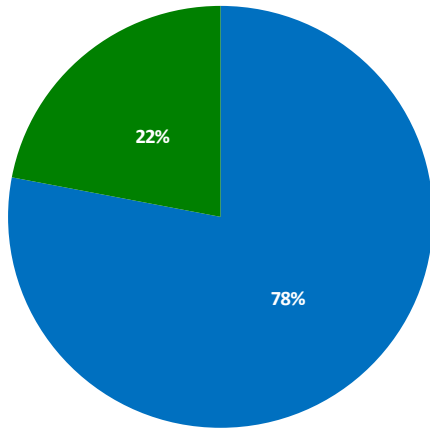


Theatre List Prioritisation (lecture/basics)



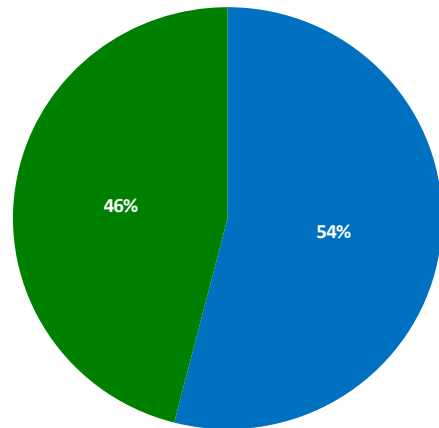
Overall Feedback

Would you recommend this course to a friend?



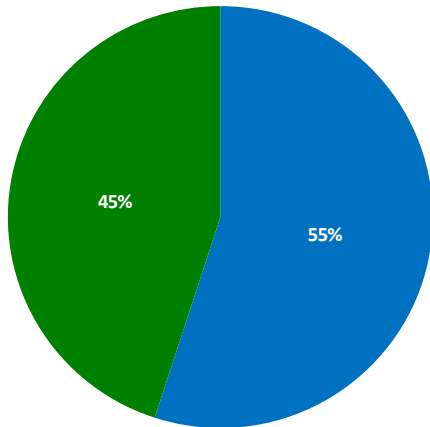
■ Most certainly ■ Certainly ■ Neutral ■ May be ■ Don't think so

Do you think that this course provided good value for money?



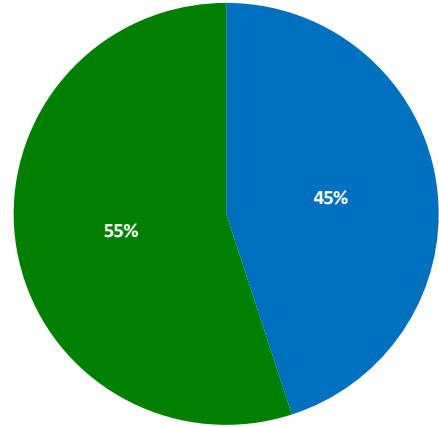
■ Most certainly ■ Certainly ■ Neutral ■ May be ■ Don't think so

How were the facilities and venue?



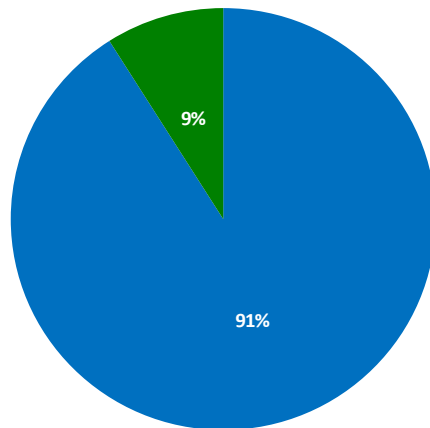
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Individual Comments

Good.

AL
Derriford Hospital, Plymouth, UK

Very useful, liked it.

AD
Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust, UK

Excellent.

JS
Wirral University Teaching Hospital NHS Foundation Trust, UK

Excellent.

NN
Aintree University Hospital, Liverpool, UK

A fantastic course that has helped focus revision and go through things in detail that is difficult with ongoing COVID pandemic.

JH
Torbay District General Hospital, Torquay, UK

Great faculty who were keen and enthusiastic to teach and go over any doubts. Worth it. Thank you Prof Enoch and team for your hard work arranging the course to happen during COVID.

HM
Derriford Hospital, Plymouth, UK

Fantastic.

PP
Derriford Hospital, Plymouth, UK

In five intense days we've covered most of the syllabus for the exam, this I would never have achieved on my own. I got the general idea of what I need to review and lots of tips about station strategy either from recently examined peers or former examiners. The pre- and post-course resources are of very good quality and invaluable for further revision. Price for all five days may seem high but given the amount of human resources, use of cadavers and quality and amount of insider information I feel it was a good investment. The course considerably increased the probability of success - my impression is that by attending this course my chances to pass the exam have increased by 30-50%.

JD
Whipps Cross University Hospital, London, UK

Excellent.

MR
Southampton General Hospital, Southampton, UK

Individual Comments

I enjoyed every bit of the course. It was a very high yield course covering important topics. The faculty were easily approachable, friendly and supportive. They identified strengths and weaknesses for a candidate to build on ahead of the exam. It gave me the much required confidence ahead of the exam.

AA

Southend University Hospital NHS Foundation Trust, UK

The course was excellent and I had a great experience. The content was relevant, the information was concise, and highlighted knowledge gaps in a friendly and supportive environment. Would recommend.

PL

Walsall Healthcare NHS Trust, UK

Excellent.

OM

Hinchingbrooke Health Care NHS Trust, UK

Very positive, as always!

AM

Southmead Hospital, Bristol, UK

Excellent.

JA

Royal Stoke University Hospital, Stoke-on-Trent, UK

Nice experience.

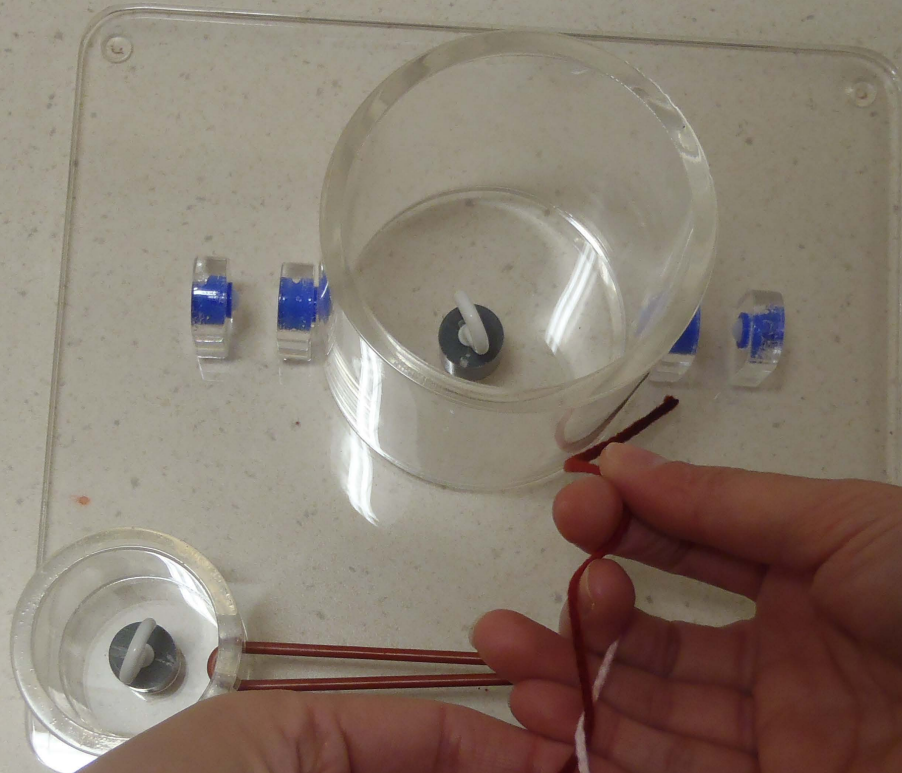
SS

University Hospital of Wales, Cardiff, UK

Very thorough and well thought out. Faculty were approachable and understood what was expected for the exam.

CJ

Morrison Hospital, Swansea, UK



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