



**Clinical & Procedural Skills  
for MRCS OSCE Course**

**Feedback - September 2017**

# Clinical & Procedural Skills for MRCS OSCE Course

This intensive, one-day revision course covered the clinical and procedural skills components of the MRCS Part B exam.

In the Intercollegiate MRCS OSCE Examination, the 'Clinical and Procedural Skills' component makes up approximately 15-20% of the total mark. This element of the exam tests the candidate's capability to apply basic science and clinical knowledge in a practical context. In addition, it examines the candidate's ability to perform practical tasks which are related to surgery and which require: manual dexterity; hand-eye coordination; and visual and spatial awareness. It also tests aspects including capacity, consent, theatre safety, the WHO checklist and general principles of safe surgery.

This intensive, practical skills course took candidates through every procedure that has been examined in recent years. The candidates were given the opportunity to practice in realistic exam conditions and were provided with structured feedback to further their development. Moreover, following the event the candidates were presented with their scores and were able to discuss specific practical aspects with both examiners and recent successful candidates.



## Course Information

<b>Course date:</b>	<b>6<sup>th</sup> September 2017</b>
<b>Venue:</b>	<b>Doctors Academy International Institute for Medical Education Cardiff</b>
<b>Attendance:</b>	<b>23 Delegates</b>
<b>Aimed at:</b>	<b>Delegates intending to take the Royal College of Surgeons Part B Examination.</b>
<b>Course fee:</b>	<b>£185.00</b>

## Highlights:

- Practical course with a high tutor-to-participant ratio.
- Hands-on sessions with scenarios simulating the real exam, as well as individual feedback and scores.

## Topics included:

- Surgical scrubbing.
- Safe use of local anaesthesia.
- Suturing techniques.
- Knot tying at depth.
- Surgical excision of a cutaneous lesion.
- Urinary catheterisation.
- Consent and capacity.
- Cannulation and venepuncture of high-risk patients.
- Epidural technique.
- Lumbar puncture.
- Organising a theatre list.
- Appropriate radiology requesting.
- Discharge letter.
- Transfer documentation.
- Performing an FNA.
- Insertion of a chest drain.

## Course Programme

0845 - 0900	Registration
0900 - 0910	Introduction to the Course and Structure of the Exam
0910 - 0930	Theatre Safety Principles, Gowning and Glowing
0935 - 1000	Handling Instruments, Suturing techniques (simple and advanced) and haemostatic stitch
1000 - 1010	Surgical Excision of a Naevus
1010 - 1025	Debridement of a contaminated wound
1025 - 1035	Fine Needle Aspiration Cytology

### 1040 - 1100 Break for Refreshments

1100 - 1330	Group Rotations to include the following stations: Chest Drain Insertion, Male Urinary catheterisation, Venepuncture of High risk patient, Knot Tying, Suturing, Epidural Anaesthesia, Lumbar Puncture, and Arterial Blood Gas Cannulation and Interpretation of ABG results
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### 1330 - 1410 Lunch

1415 - 1645	Groups 1 and 2 (Revision, Practice and Mock OSCE; Lectures - Wound Healing, Reconstruction, Local Anaesthesia, Sutures, Tourniquet and Diathermy)
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### 1645 - 1705 Break for Refreshments

1705 - 1815	Lectures and Discussion (Pre-operative Assessment, Post-operative Management, Antibiotics, Theatre List Prioritisation, Transfer Documentation)
1815 - 1820	Feedback and closure

## Faculty

**Mr Joseph Merola, MBChB, MRCS (Eng)**

Clinical Fellow in Neurosurgery  
University Hospital of Wales

**Ms Lindsey Bulleid, MBBCh, MRCS**

Specialist Trainee in Neurosurgery  
University Hospital of Wales

**Miss Maria Loredana Popescu, MBBS, MRCP, MRCS**

Specialist Registrar in Trauma and Orthopaedics  
Derriford Hospital, Plymouth Hospitals NHS Trust

**Mr Poon Shi Sum, MBBS, MRCS**

Foundation Doctor  
Cambridge University Teaching Hospital

**Professor Stuart Enoch, MBBS, MRCP, MRCS (Eng), PGCert (Med Sci), PhD**

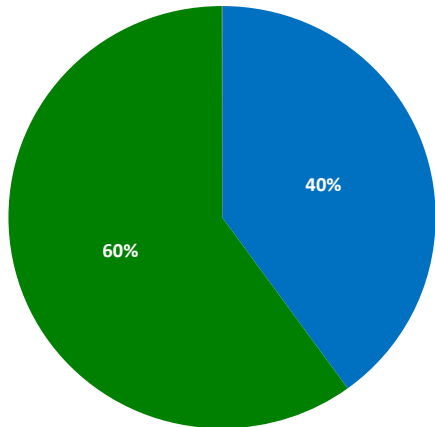
Professor, Higher Surgical Education  
Doctors Academy

**Mr Vishal Kumar, MBBS, MRCS**

Specialist Registrar in Trauma and Orthopaedics  
Glan Clwyd Hospital

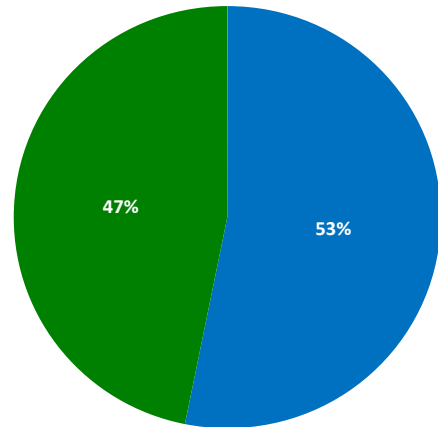
# Overall Teaching Feedback

How was the clarity of the demonstrations?



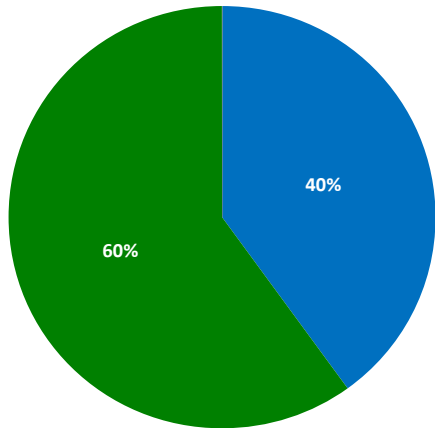
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the demonstrators?



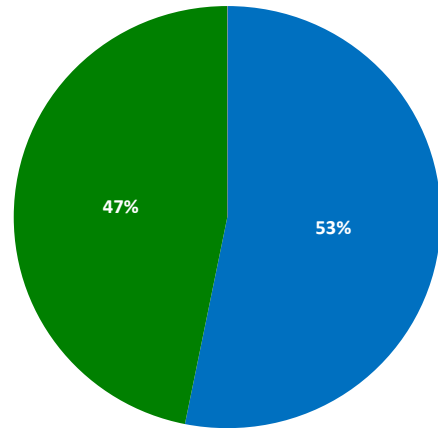
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How do you rate the relevance of the course to your exam?



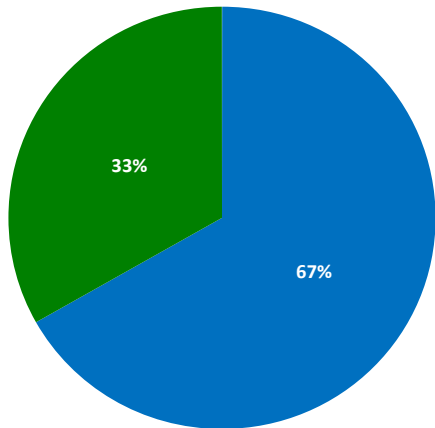
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did you get sufficient chance to practice the stations?



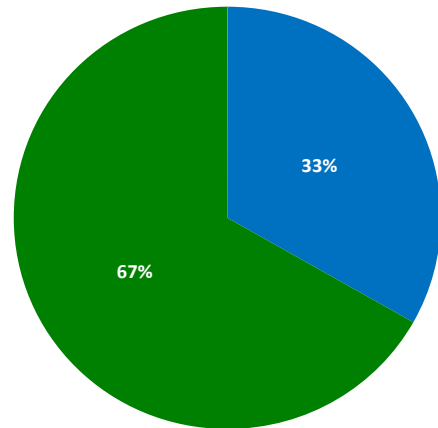
■ Yes, always ■ Yes, mostly ■ Neutral ■ Not much ■ Not at all

How useful was the second practice in the afternoon in pairs?



■ Very useful ■ Useful ■ Neutral ■ Limited Use ■ Useless

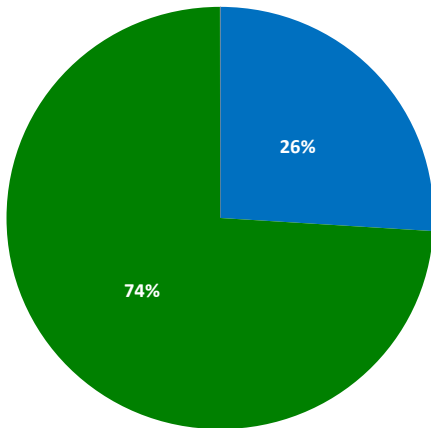
Knot Tying



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

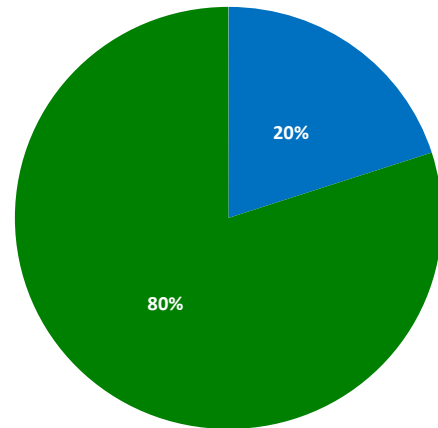
# Overall Teaching Feedback

Suturing



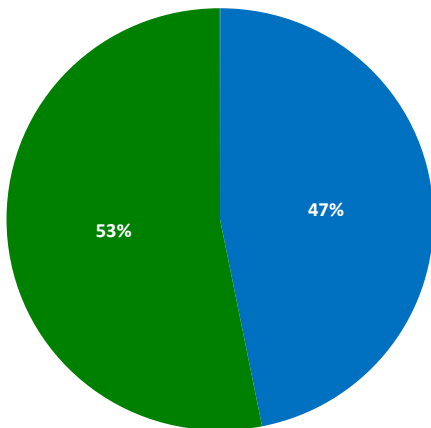
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Male Urinary Catheterisation



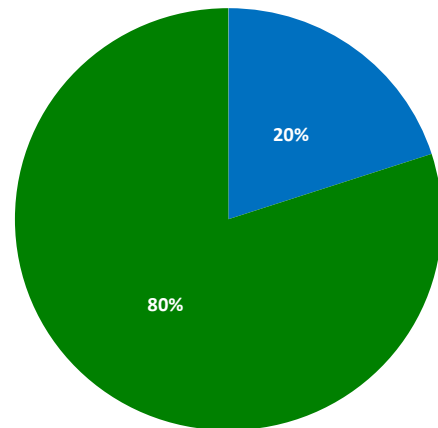
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Surgical Excision of a Naevus



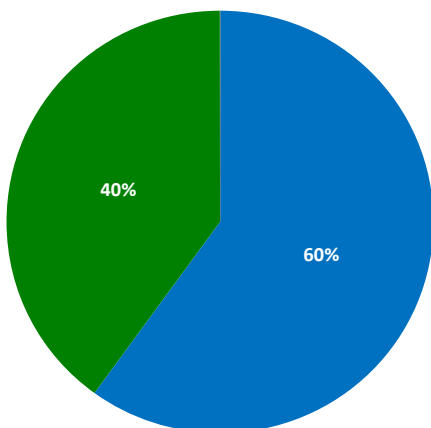
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Venepuncture/Cannulation



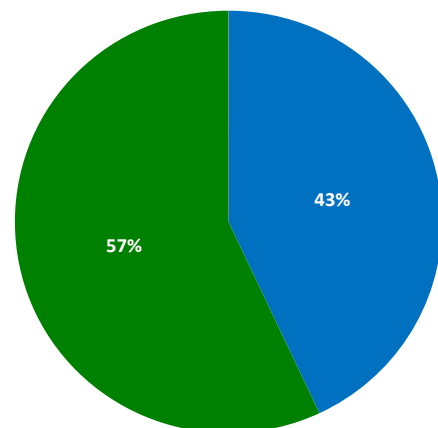
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Fine Needle Aspiration Cytology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

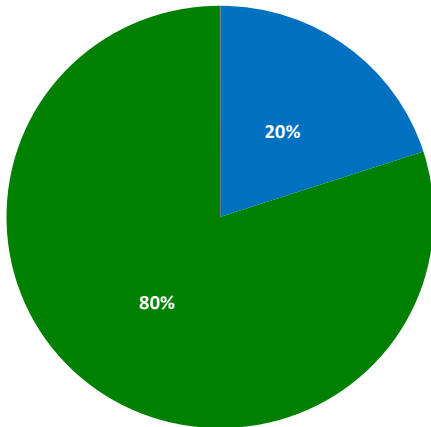
Lumbar Puncture



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

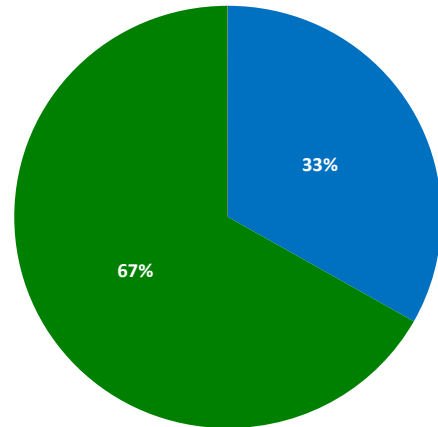
# Overall Teaching Feedback

Debridement of Wound (demonstration)



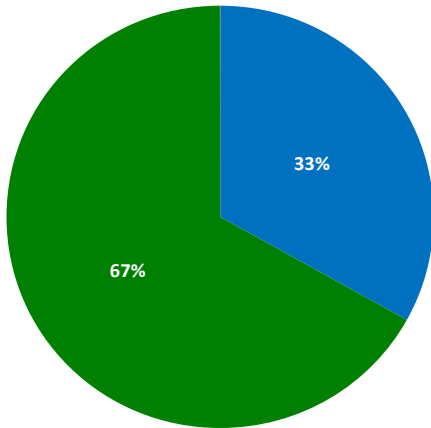
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Insertion of Chest Drain



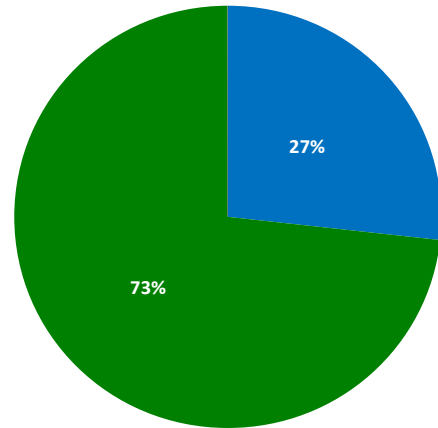
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Wound Healing



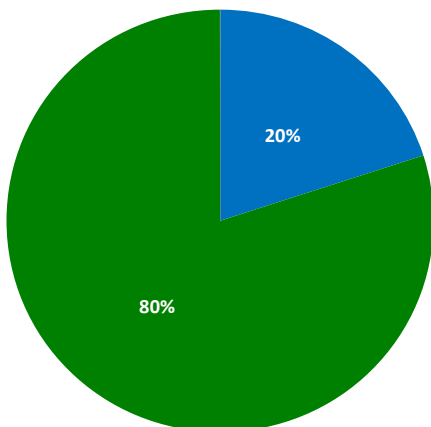
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Local Anaesthesia



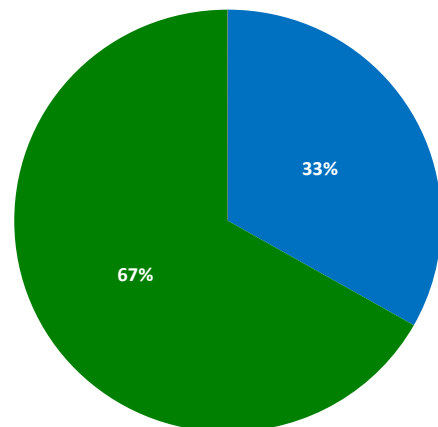
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Sutures and Needles



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

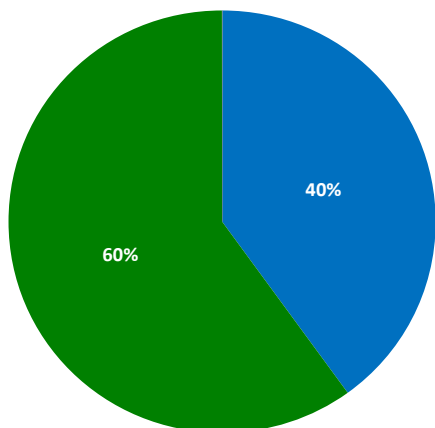
Theatre List Prioritisation



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

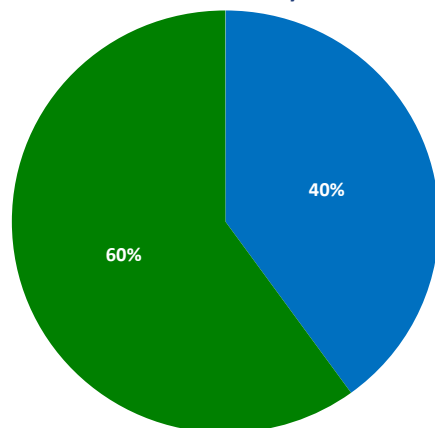
## Overall Teaching Feedback

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Neutral ■ May be ■ Don't think so

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Neutral ■ May be ■ Don't think so



## Individual Comments

Good.

**SP**  
*University Hospital of Wales, Cardiff*

Very good.

**AY**  
*Nottingham City Hospital, Nottingham*

Amazing.

**SA**  
*Ibn Sina National College for Medical Studies*

Extremely well organised.

**JW**  
*University Hospital of Wales, Cardiff*

Good.

**FG**  
*Musgrove Park Hospital, Taunton*

Very good faculty. Good food!

**SN**  
*Barnet Hospital NHS Trust*

Very good course, packed in a huge volume of revision into a short space of time.

**TH**  
*Royal London Hospital, London*

Very good the way it is. I think this day goes very well with conjunction with rest.

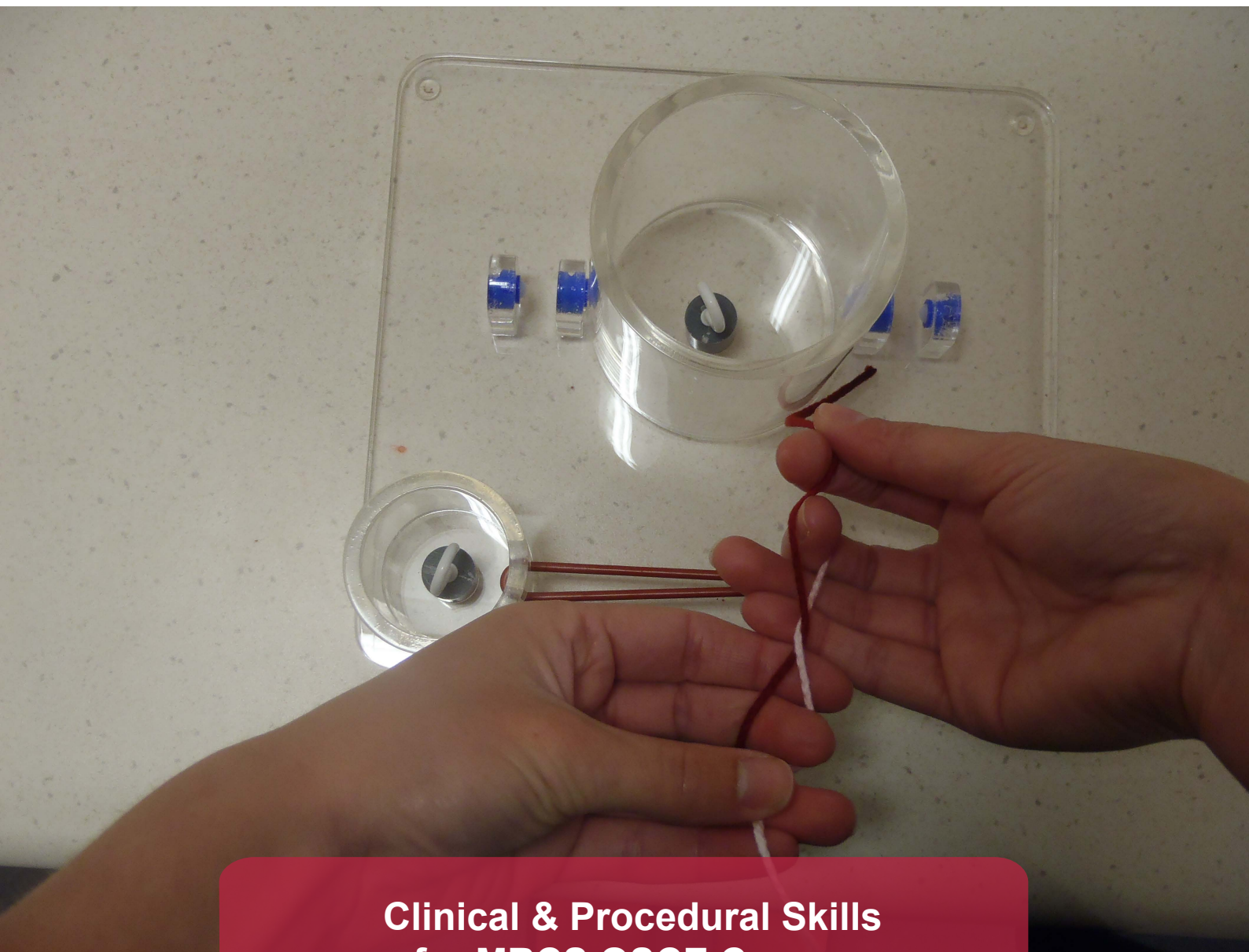
**SA**  
*Ysbyty Gwynedd, Bangor*

Excellent crash course. it provides you with information you need.

**MS**  
*International medical center-Jeddah*

Very relevant, solved many problems and helped me discard some deep seated bad habits acquired over the years.

**MR**  
*Countess of Chester Hospital, Chester*



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