

**Cardiff MRCS Course (MANCHESTER):
Structured Revision for MRCS A**



Feedback - December 2018

Cardiff MRCS Course (MANCHESTER): Structured Revision for MRCS A

Basic sciences such as anatomy, physiology, pathology and microbiology are essential for developing a strong foundation in surgical training and for the understanding of its clinically applied aspects. As such, these subjects form an integral part in the MRCS A exam.

This intensive two-day course will provide the attendee with an overview of basic physiological principles, consolidate the candidate's core and applied surgical knowledge in anatomy and relevant pathology, and provide a focused revision of pertinent topics as tested in the exam. The course takes into consideration the recent changes to the MRCS A exam, with more emphasis on basic sciences – especially anatomy.

On Day 1, the emphasis will be on basic and surgically applied anatomy (except head, neck and spinal cord), general pathology and burns. Day 2 will cover head and neck anatomy, autonomic nervous system, spinal cord and lesions, embryology, cancer pathology, microbiology, trauma, principles of surgery and applied surgical sciences.

Course Information

Course date:	15th and 16th December 2018
Venue:	Postgraduate Education Centre Manchester Royal Infirmary Manchester
Attendance:	15 Delegates
Aimed at:	Medical Students
Course fee:	£ 285.00



Course Programme

Day 1

SURGICAL AND APPLIED ANATOMY, GENERAL PATHOLOGY AND BURNS

0830 - 0840	Registration
0840 - 0850	Introduction and format of the exam
0850 - 1030	Brachial plexus, arm, shoulder, scapula, back and rotator cuff (includes upper limb nerve injuries, palsies and shoulder pathologies)
1030 - 1110	Cubital fossa, forearm, flexor retinaculum and hand (includes carpal tunnel syndrome, ulnar nerve palsies, hand pathologies)

1110 - 1130 Break for Refreshments

1130 - 1230	Thoracic wall; Mediastinum; Heart; Lungs; Oesophagus; Diaphragm; Vascular anatomy (including vascular access)
1230 - 1300	General Pathology 1

1300 - 1340 Lunch

1340 - 1420	Transpyloric plane, anterior abdominal wall and inguinal region (includes hernia and scrotal swellings)
1420 - 1440	Abdominal anatomy; Hollow and Solid Organs
1440 - 1500	Pelvis and Perineum
1500 - 1530	Management of Burns

1530 - 1550 Break for Refreshments

1550 - 1630	Lumbar and lumbosacral plexus
1630 - 1715	Femoral triangle, thigh, popliteal fossa; Lower leg, ankle and foot (includes lower limb nerve injuries, palsies, compartment syndrome and ankle injuries)
1715 - 1800	General Pathology 2
1800 - 1830	Revision of Day 1 and Sample Questions
1830	End of Day 1

Course Programme

Day 2

HEAD AND NECK ANATOMY, EMBRYOLOGY, AUTONOMIC NERVOUS SYSTEM, SPINAL CORD, MICROBIOLOGY, CANCER PATHOLOGY, PRINCIPLES OF SURGERY, TRAUMA AND APPLIED SURGICAL SCIENCES

0830 - 0930	Skull base, cranial nerves and vasculature of the brain
0930 - 1015	Scalp, Face, Mandible, Parotid, TMJ
1015 - 1030	Head and Neck Embryology
1030 - 1045	Break for refreshments
1045 - 1130	Neck, Thyroid, Larynx, Pharynx, Tongue; Surgical Pathologies of the Neck
1130 - 1200	Pre-operative Assessment
1200 - 1230	Post-operative management
1230 - 1300	Autonomic Nervous System, Spinal Cord and Spinal Cord Lesions

1300 - 1345 Lunch

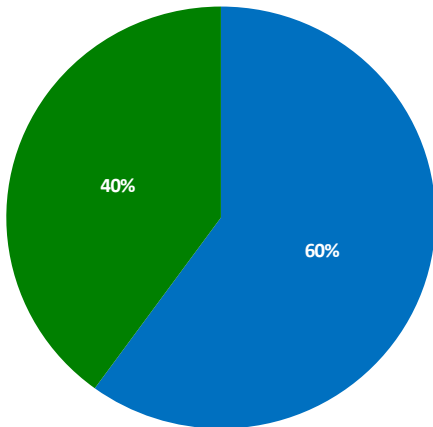
1345 - 1430	Essential topics in Microbiology
1445 - 1500	Management of Trauma; ATLS Principles
1500 - 1530	Head Injury; Neurophysiology

1530 - 1550 Break for Refreshments

1550 - 1610	Skin Cancers and Melanoma
1610 - 1630	Cancer of the Colon
1630 - 1645	Cancer of the Breast
1645 - 1700	Cancer of the Testis
1700 - 1730	Fundamentals of Wound Healing; Reconstructive and Plastic Surgery
1730 - 1800	Principles of Local Anaesthetics; Sutures and Suture Materials
1800 - 1830	Vascular Surgery and Vascular Reconstruction
1830 - 1845	Summary and End of Course

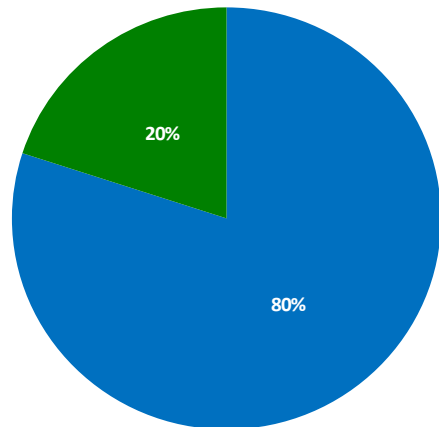
Overall Course Feedback

How was the content of the course?



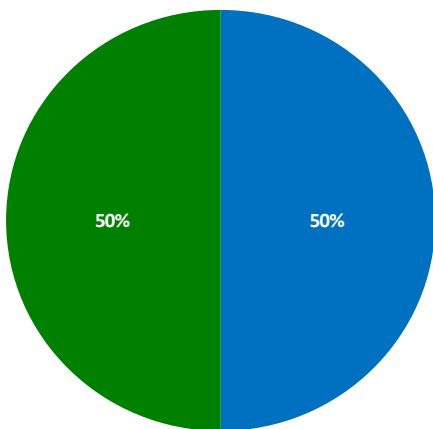
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the main lecturer?



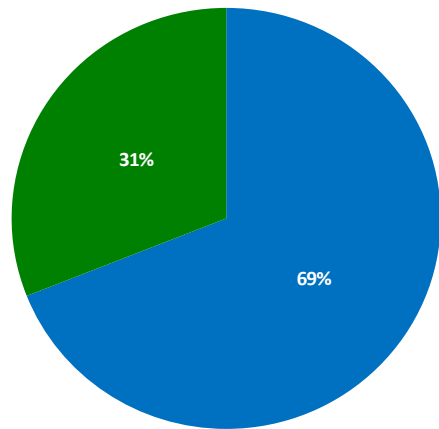
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How was the clarity of the lectures?



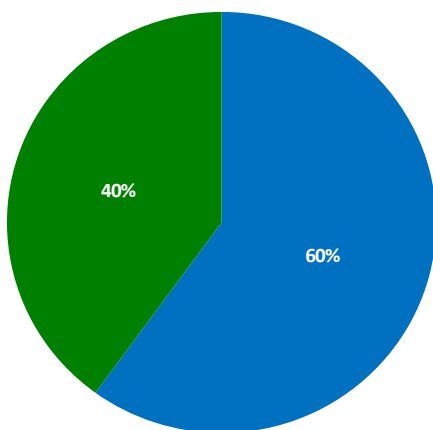
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the lectures?



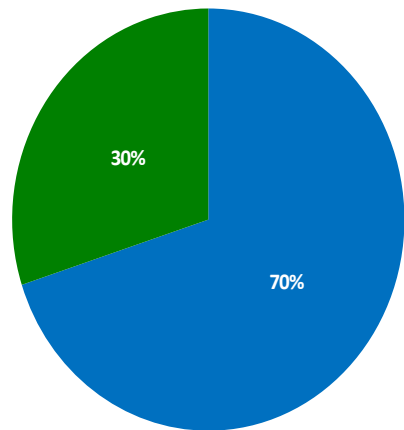
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course cover the main topics you consider are important for the exam?



■ Most Certainly ■ Certainly ■ Probably ■ A little ■ Not at all

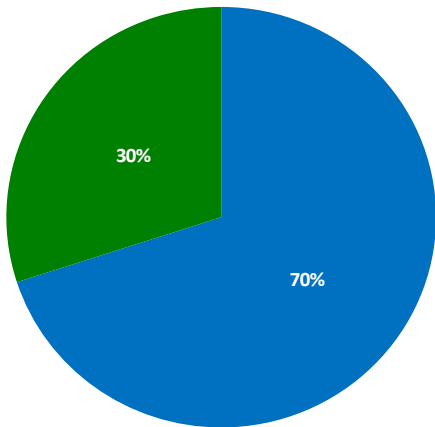
Brachial Plexus - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

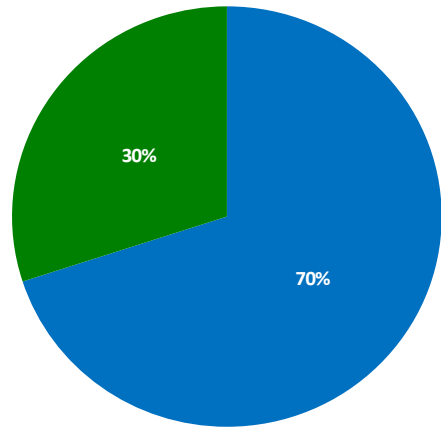
Overall Course Feedback

Upper Limb Anatomy - Prof S Enoch



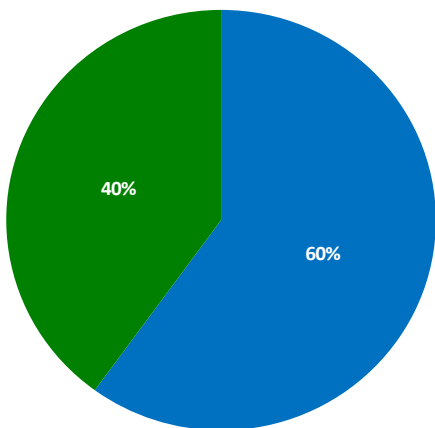
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Upper Limb Nerve Injuries - Prof S Enoch



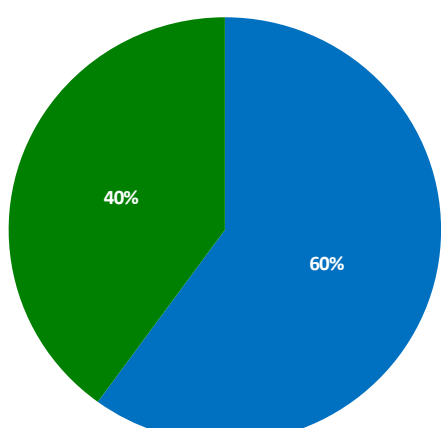
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Thorax and Thoracic Wall - Prof S Enoch



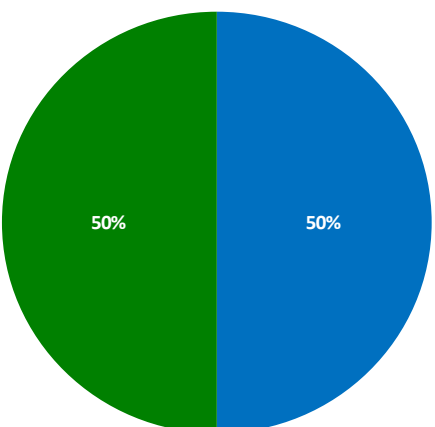
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Mediastinum, Heart and Lung - Prof S Enoch



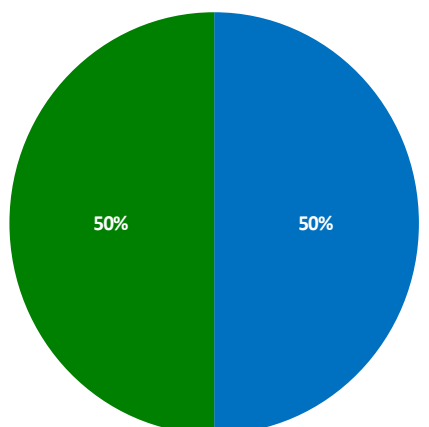
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Anterior Abdominal Wall and Inguinal Region - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

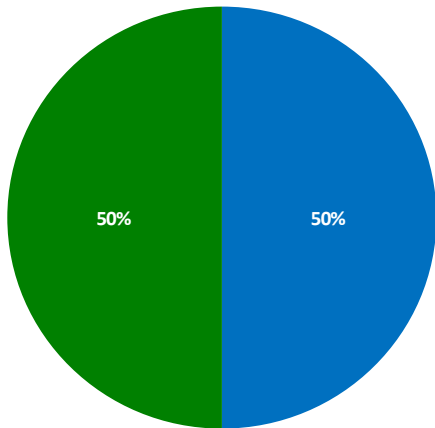
Upper GI System - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

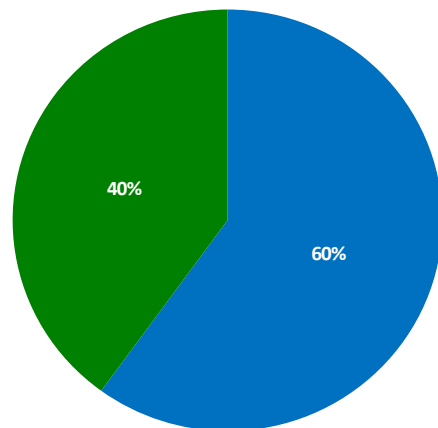
Overall Course Feedback

Lower GI System - Prof S Enoch



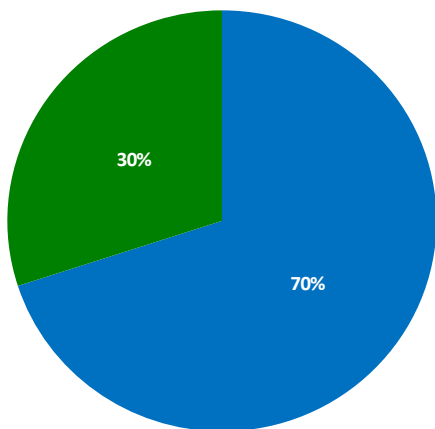
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Neck - Prof S Enoch



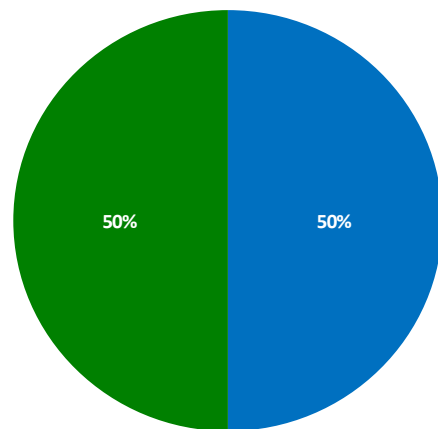
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Cervical Plexus - Prof S Enoch



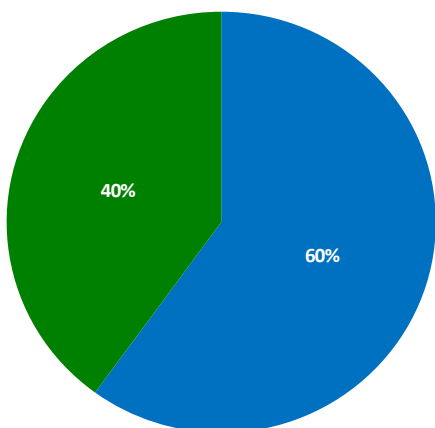
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Spine and Spinal Cord Lesions - Prof S Enoch



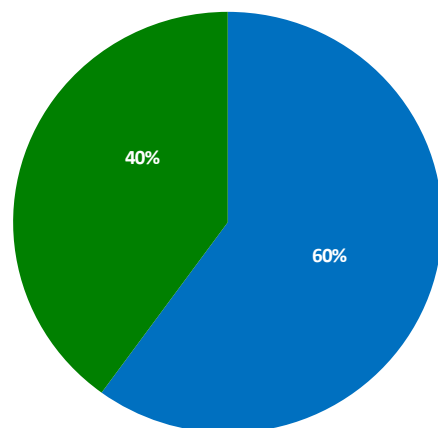
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Autonomic Nervous System - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

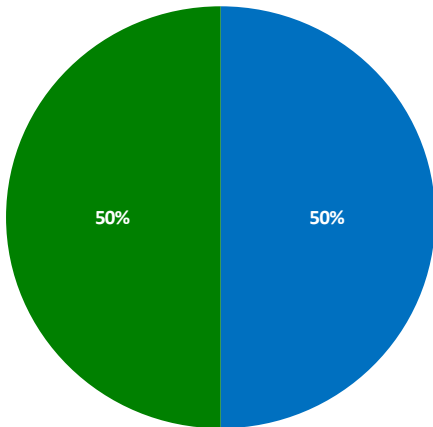
Lower Limb Anatomy - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

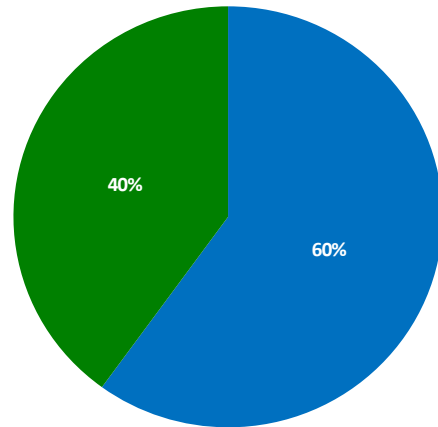
Overall Course Feedback

Lower Limb Nerve Injuries - Prof S Enoch



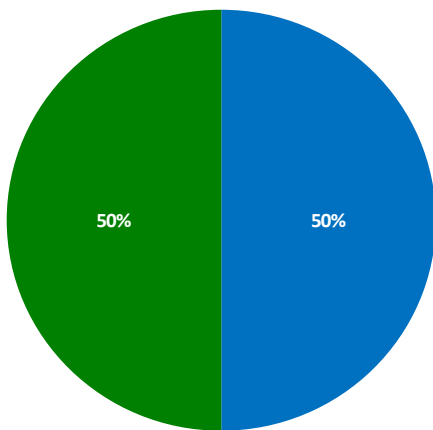
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Skull Base - Prof S Enoch



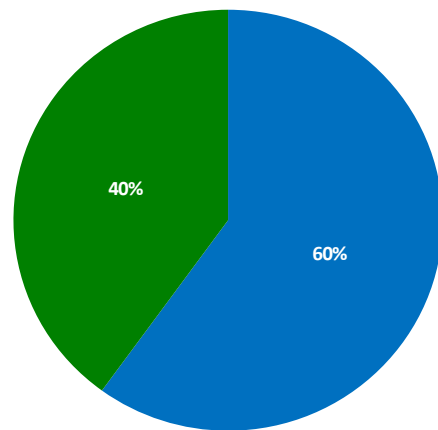
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Visual Field Defects - Prof S Enoch



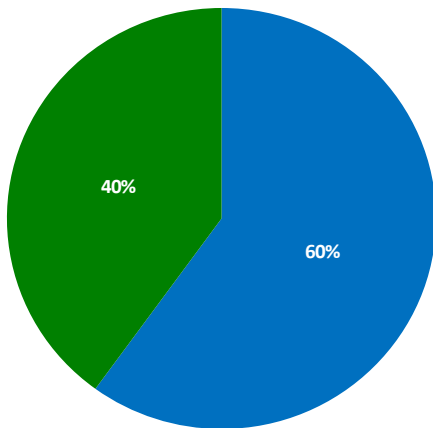
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Head and Face - Prof S Enoch



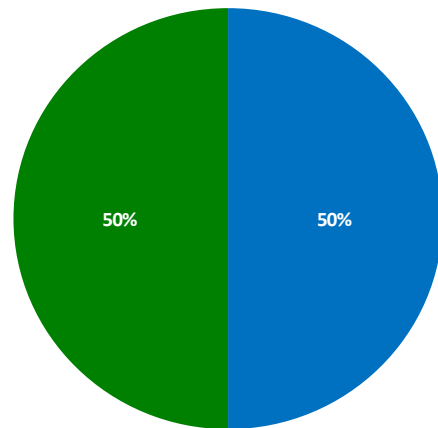
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Scrotal Swellings and Testicular Cancer - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

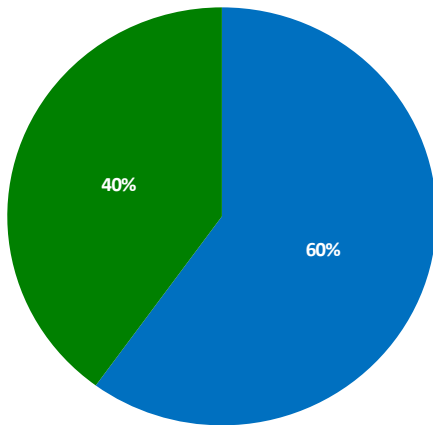
Management of Fracture Neck of Femur - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

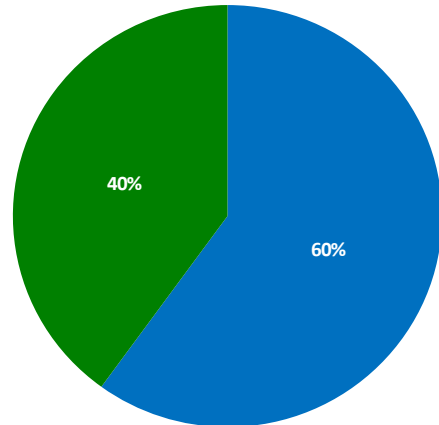
Overall Course Feedback

Colectomies - Prof S Enoch



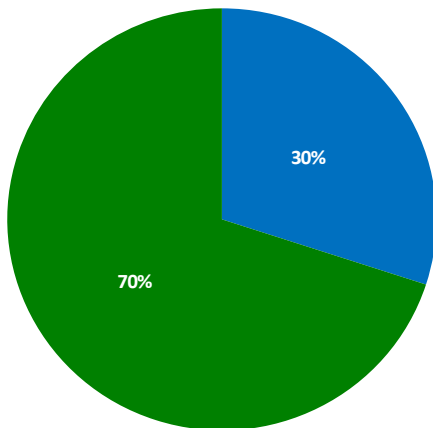
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Vascular Bypass Procedures - Prof S Enoch



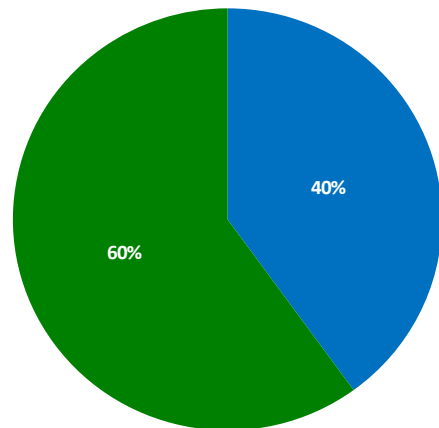
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Gastrointestinal Physiology - Ms YM Goh



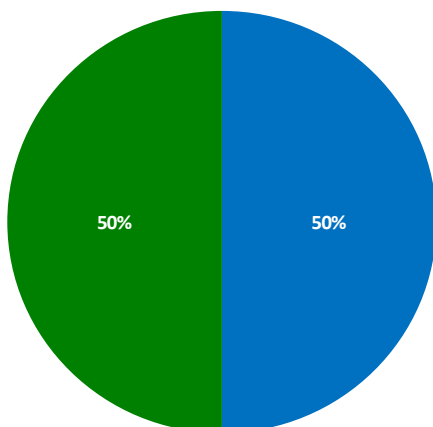
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Gastrointestinal Pathology - Ms YM Goh



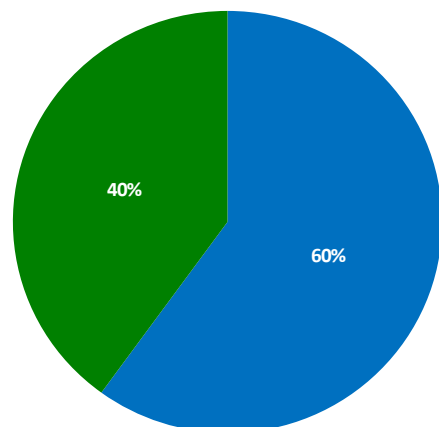
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Wound Healing and Reconstructive Surgery - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

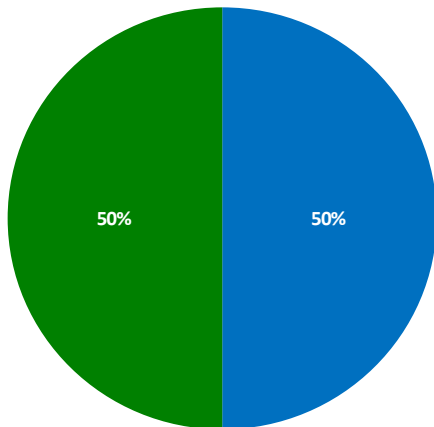
Cutaneous Malignancies and Melanoma - Prof S Enoch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

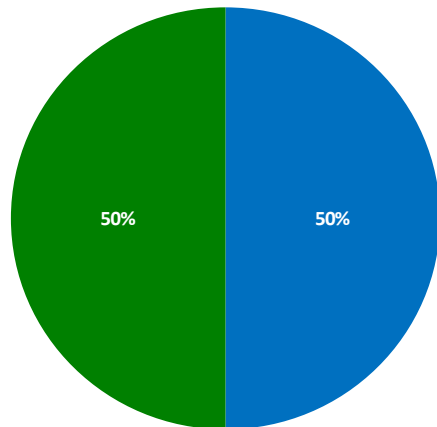
Overall Course Feedback

Ulcers - Prof S Enoch



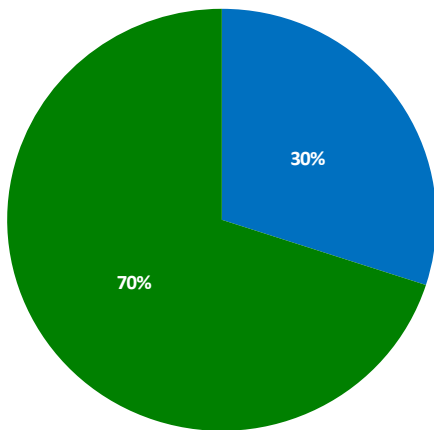
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Short Topics in Critical Care - Prof S Enoch



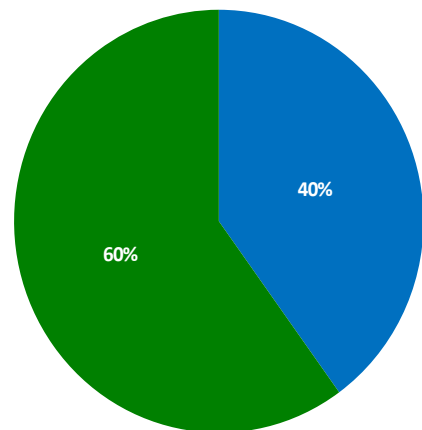
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



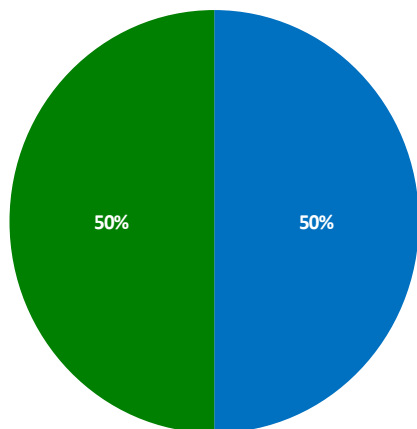
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



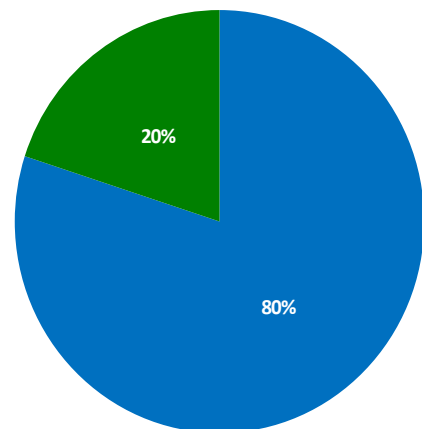
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

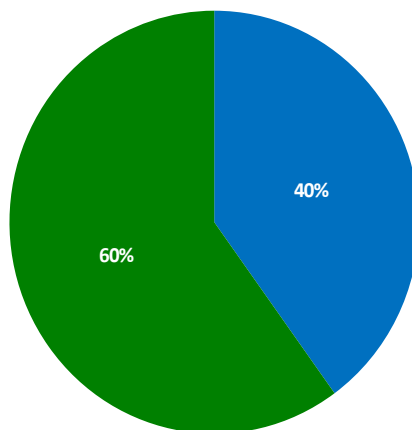
Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Overall Course Feedback

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Excellent course.

AD
NHS Greater Glasgow and Clyde, United Kingdom, Europe

Good.

PJ
Royal Shrewsbury Hospital, Shrewsbury



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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