

Cardiff MRCS OSCE Course: Applied Surgical Sciences and Critical Care

Date: 10th September 2020

Time: 0825 – 1830 hrs;

Venue: School of Biosciences, Cardiff University

COURSE PROGRAMME

0815 - 0820 **Registration**

MORNING SESSION

0820 - 0830 **Welcome, Introduction and Format (Prof Stuart Enoch)**

0830 - 0930 **Physiological Principles in the Management of Trauma (Prof Stuart Enoch)**

- Polytrauma
- Hypovolemic shock
- Splenic Injuries
- Long bone fractures
- Compartment syndrome
- Nerve injuries

0930 - 1040 **Respiratory System (Dr Teresa Evans)**

- Normal ventilatory cycle
- Controls of ventilation
- Causes and management of post-operative respiratory failure
- Indications for ventilatory support and weaning off ventilator
- Intermittent positive pressure ventilation
- Acute (adult) respiratory distress syndrome

1040 - 1100 hrs

Coffee Break

1105 - 1155 **Management of Major Burns (Prof Stuart Enoch)**

- Assessment
- Pathophysiology and principles of management
- Inhalation burns
- Fluids and Nutrition
- Indications for referral

1155 - 1215

Fluid Management and Renal Physiology (Prof Stuart Enoch)

1215 - 1230

Rhabdomyolysis (Prof Stuart Enoch)

1230 - 1315 hrs

Lunch Break

AFTERNOON SESSION

1315 - 1345 General Physiological Principles 1 (Dr Paul Morgan)

- Homeostasis, feedback loops
- Applied acid-base balance

1345 - 1425 General Physiological Principles 2 (Dr Paul Morgan)

- Sepsis
- Septic shock

1425 - 1505 General Physiological Principles 3 (Dr Paul Morgan)

- Bleeding
- Coagulation/Anti-coagulation

1505 - 1525 hrs

Break

1525 - 1605 General Physiological Principles 4 (Dr Paul Morgan)

- Resuscitation
- Temperature Regulation
- Hypothermia

1605 - 1645 General Physiological Principles 5 (Dr Paul Morgan)

- Principles of Epidural Anaesthesia/Assessment
- Pain pathways
- Pre-op Assessment

1700 - 1735 Spinal Cord Injuries and Cord Syndromes (Prof Stuart Enoch)

- Cord compression; Conus medullaris and Cauda equina syndrome
- Spinal and Neurogenic shock
- Autonomic nervous system and bladder dysfunction
- Spinal cord lesions and vascular conditions

1735 - 1800 Infection and Surgical Microbiology (Prof Stuart Enoch)

1800 - 1830 OSCE topics and Scenarios in Surgical Critical Care (Prof Stuart Enoch)

1830 END OF COURSE!